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THE RIVER WEEKLY NEWS

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Vol. 15, No. 19

From the Beaches to the River District downtown Fort Myers

MAY 13, 2016

Multi-Media Art Show Coming To FGCU Gallery



Silhouette de la Garonne, polished stainless steel and solid mirror polished aluminum, by Chad Jensen

The Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) will host an opening reception for the exhibit *Quest for Permanence* from 5 to 7 p.m. on Thursday, May 19 at the FGCU Main Gallery in the Arts Complex.

The evening begins with an introduction by the artists followed by a performance from Ghostbird Theatre. The exhibition is a collaboration between the art and theater faculty and the galleries, and is co-curated by gallery director John Loscuito and FGCU professors Barry Cavin (theater) and Michael Salmond (art). The show runs through June 23 and is sponsored in part by Gene and Lee Seidler, The Beaches of Fort Myers and Sanibel, and WGPU Public Media.

Quest for Permanence features local, national and international artists Kent Anderson Butler, Hasan Elahi, Benjamin Grosser, Chad Jensen, Leila Mesdaghi, Ghostbird Theatre and Cyane Tornatzky. The exhibition showcases prints, video installation, projection, sculpture, interface design and a zoetrope.

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Patricia Johnson, center, teaching a watercolor class

Alliance Summer Classes And Workshops For Adults And Teens

Summer is just around the corner and while that means eight fun weeks of Summer Arts Camp at the Alliance for the Arts, it doesn't mean the education schedule for adults and teens comes to a stop.

This summer, the Alliance is offering a variety of classes and workshops including more traditional offerings like drawing, painting and photography, as well as classes like basket weaving, wire wrap jewelry, yoga and a new workshop for artists who want to learn how to digitize their work for online exhibit submissions. Visit ArtInLee.org for full class descriptions and instructor bios, or to register online.

Engage your artistic nature this summer and join the growing community of Alliance members, artists, instructors, students and patrons. Consider an Alliance membership to get 20 percent off all classes, as well as many other member benefits including exhibition opportunities as well as gift shop and ticket discounts. To inquire about teaching a class at the Alliance, email Brandi Couse, education director, at education@artinlee.org.

The Alliance for the Arts campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays during GreenMarket, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.✱



Brendan Powers and Angel Duncan during rehearsal for *Running*

Insightful Evening At Theatre Conspiracy

by Di Saggau

Theatre Conspiracy is presenting the Florida premiere of *Running* by Arlene Hutton. The 90-minute play is smart and funny with a strong narrative script that strongly identifies its two characters.

Stephen (Brendan Powers) needs a good night's sleep so he can take part in his first race, the New York City Marathon. His sleep is interrupted when Emily (Angel Duncan), his wife's old roommate, shows up unexpectedly in the wee hours of the morning. Due to a mix-up, she has no hotel reservations and needs a place to sleep. Stephen's wife is

out of the country.

Seeing her old home brings back a lot of memories for Emily. We soon learn there's a partially shared history between Stephen and Emily. They were roommates in the same multi-room apartment years ago. This random meeting eventually ends up with each character examining who they were decades earlier and who they are now.

Stephen is an unemployed industrial architect whose career has long ceased to exist. Emily has just left her husband after discovering he isn't the man she thought she married. Both eventually warm to each other, revealing their thoughts and attitudes about marriage, careers and dreams. As they talk over the course of the night, the audience gets to know them and the choices they have made in their lives.

Powers and Duncan are professional performers who breathe life into their

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Historic Downtown Fort Myers, Then And Now:

Forts Beneath Our Feet



by Gerri Reaves, PhD

Did you know that the birth of the City of Fort Myers traces back to two 19 century U.S. Army forts? If you dine at a sidewalk table on First Street, you are probably sitting in what was once a large parade ground that was at the heart of the fort.

Walk along Bay Street in the vicinity of the Florida Repertory Theatre and the Sidney & Berne Davis Art Center, and you're in the neighborhood of former officers' quarters.

The redeveloping Campo Felice (formerly known as the Amtel Marina Hotel, Ambassador, or Sheraton) is roughly where a three-story military hospital once existed.

Stroll along Second Street near the Andrew D. Gwynne Institute, and you're walking on the fort's former garden plots and bowling alley.

The first fort, short-lived Fort Harvie, was built in the winter of 1841-42 during the Second Seminole War (1835-42). Named for First Lt. John Marshall Harvie, it was abandoned in March 1842 and Seminoles subsequently burned it.

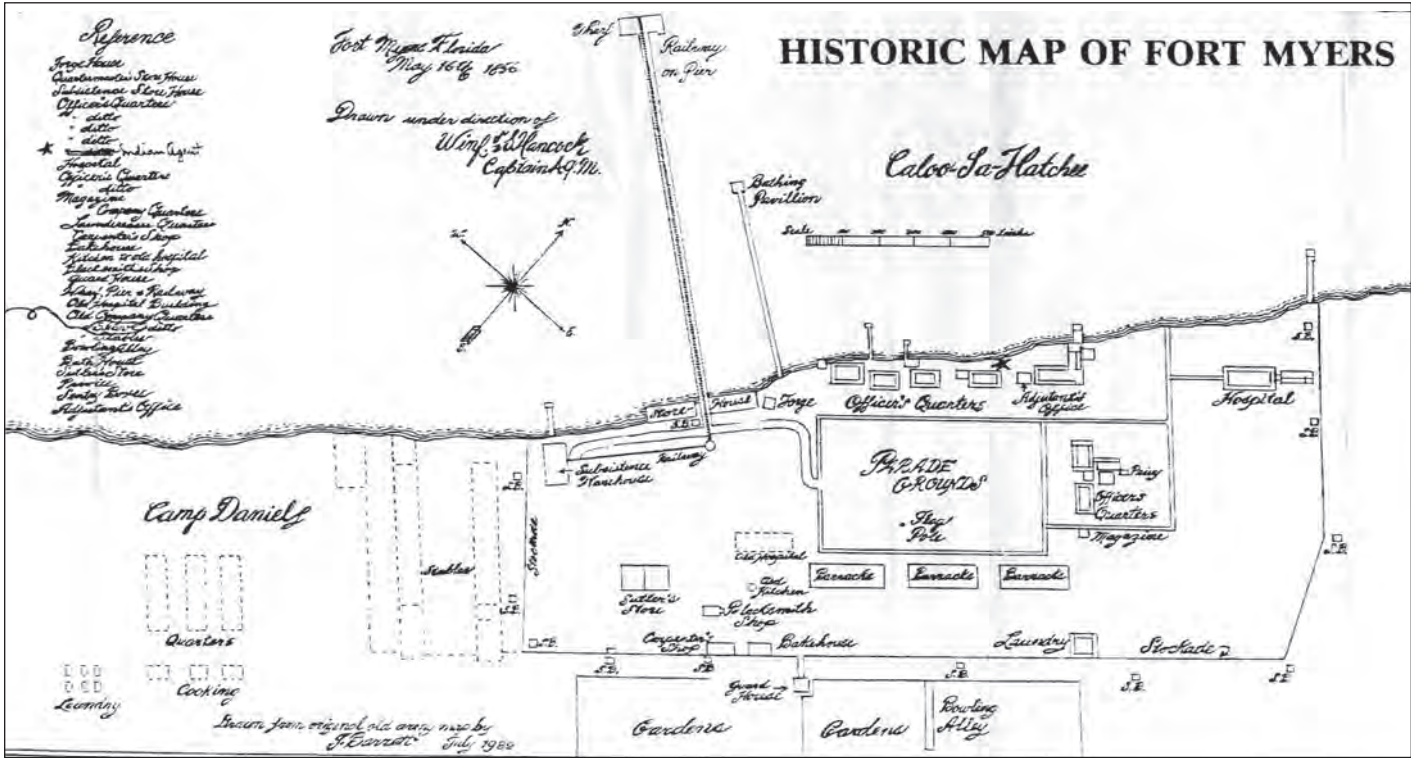
Fort Myers was built on the same site in 1850 during the Third (and last) Seminole War (1855-58) and was named to honor Col. Abraham C. Myers.

The fort, as seen in the 1856 map, lay in what is now the core historic business district: Bay Street on the north, Second Street on the south, bounded on the west by Monroe Street and on the east by Fowler. (In the fort days, the river bank lay along the north side of today's Bay Street.)



The historic River District is located in the footprint of two nineteenth-century U.S. Army forts. This view of First Street from Lee shows what was once parade grounds where soldiers of the Seminole and Civil Wars once walked.

photo by Gerri Reaves



Captain Winfield Scott Hancock drew this map of U.S. Army Fort Myers in 1856

courtesy Southwest Florida Historical Society

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Some auxiliary facilities, such as the cemetery, lay just outside or along the perimeter of those boundaries.

In 1850, just west of today's Hendry Street, a 1,000-foot wharf was built, equipped with rails for tramcars and a large loading platform at the end.

The hospital and fort in general were so well built and supplied – among the 57 structures were a bathing pier and pavilion over the river and a bowling green -- that an investigation was launched regarding the spending of public money.

Capt. Francis A. Hendry, the "Father of Fort Myers," saw the fort in 1853 as a surveyor and later wrote that it was a "veritable oasis in the desert" and "as neat and clean as a new pin."

He noted the lovely shade trees, well-tended grass lawn, well-fed livestock, vegetable garden and sea-shell-covered walks and parade grounds.

Resources included a blacksmith's shop, bakery, carpenter's shop, commissary, stables, gardens, gardener's house, kitchen, guardhouse, laundry and more.

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Free Concert For Fifth Graders

The Southwest Florida Symphony Orchestra invites fifth graders in Lee County public and private schools, and those homeschooled, to attend the Young People's Concert (YPC) on Friday, May 13 from 10 to 11:30 a.m. at the Barbara B. Mann Performing Arts Hall at FSW.

The annual YPC is free, part of the symphony's educational outreach program, designed to introduce young people to classical music.

The theme is Symphonic Storytelling, led by Maestro Dr. David Cole, youth symphony conductor. Students will hear how music has the ability to tell a story thematically through programmatic music. The concert will also demonstrate how composers use these concepts in the modern storytelling of films, featuring music from *Lord of the Rings*, *Harry Potter* and *Star Wars*.

"As an organization, we strive to supplement our schools' music curriculum and inspire fifth grade students to want to learn to play an instrument as they enter into middle school," said Todd Betz, Southwest Florida Symphony education director.

The YPC is sponsored by the LAT Foundation, Suncoast Federal Credit Union, the Southwest Florida Symphony Society and LCEC.

For more information, call 418-0996 or visit swflso.org.

Symphony Receives Bequest From Estate

The Southwest Florida Symphony Endowment Foundation has received a bequest of nearly \$75,000 from the estate of one of its patrons.

Reginald "Jerry" Havill passed away in 2015 at the age of 82 in Danbury, Connecticut. A resident of Fort Myers since 1994, Havill supported the Southwest Florida Symphony as a donor and chair sponsor, attending many special events and concerts.

"We were deeply touched by Jerry's generous contribution," said David Hall, president of the Southwest Florida Symphony Endowment Foundation board of trustees, and executive vice president, CFO and chief operating officer with Sanibel Captiva Community Bank. "He was a dedicated patron, and I know this gift will be put to great use supporting the symphony."

Learn Computer Design At Estates Summer Camp

Registration is open for the Design Anything! Computer-Aided Design (CAD) and 3-D Printing summer camp at the Edison & Ford Winter Estates. The camp runs from June 6 through 10 for grades 4 to 8. The Engineering and Design camp geared toward grades 1 to 3 is also open.

The Edison Wild Wizard will teach children how to explore the world of 3-D printing, learn how to use computer-aided design software, make a personal logo or create a character.

Younger children will learn how to find the best solutions to problems by testing different materials and ideas. They will learn the process of innovation and collaboration by accomplishing engineering design challenges, and will explore the new world of 3-D printing and learn how to use computer-aided design software.

Sign-in for the campers will start at 8:45 a.m. and sign out starts at 3:45 p.m. The cost of each camp is \$220 for Edison Ford members or \$250 for non-members.

To register for camp, contact Leeanne Criswell at 334-7419 or LCriswell@EdisonFordWinterEstates.org. For additional information, visit www.EdisonFordWinterEstates.org.



Abigail Allison

Piano, Cello Concert

New Hope Presbyterian Church presents a one-hour concert in the sanctuary by the Wild Coffee Duo on Saturday, May 14 at 4 p.m.

The group features Abigail Allison on piano and Susie Kelly on cello. The concert is open to the public. A freewill donation will be collected for the performers.

Allison is a professional accompanist/collaborator who has worked in Ithaca, New York, Chicago and Southwest Florida. In addition to her work as a freelance pianist, she is



Susie Kelly

also the accompanist for the Symphonic Chorale of Southwest Florida and the service pianist for Temple Bat Yam on Sanibel.

Kelly is a member of the Palm Beach Opera Orchestra and Southwest Florida Symphony, where she served as principal cellist for seven years.

Allison and Kelly first collaborated at a performance at The Violin Shop in Bonita Springs. The Wild Coffee Duo was formed in 2015. For details, visit wildcoffeeduo.wordpress.com.

New Hope Presbyterian Church is located at 3825 McGregor Boulevard in Fort Myers. For more information, call 274-1230 or visit newhopefortmyers.org.



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Horizon Council Meeting May 27



Jaime Casap

Jaime Casap, Google's Chief Education Evangelist, will deliver the keynote message at the Horizon Council General Membership Meeting at 8:30 a.m. on Friday, May 27 at Harborside Event Center in downtown Fort Myers. Doors will open at 8 a.m.

As Google's chief education evangelist, Casap is responsible for working across all internal teams at Google that impact education, and he also works with

educational organizations around the world, helping find ways to improve the quality of education through technology. Casap was part of the original team that launched Google Apps for universities, launched Google Apps into K-12, and helped get Chromebooks off the ground and into schools.

The meeting is open to the public, but seating is limited and reservations are required. RSVP to Sarah Newcomb at SNewcomb@leegov.com. For more information, visit www.leecountybusiness.com or call 533-6800.✱

Candidates To Speak

Candidates for Lee County Supervisor of Elections will speak at the regular monthly luncheon meeting of the Fort Myers Republican Women's Club on Tuesday, May 17. The candidates will present their qualifications and platforms, followed by a Q-and-A session.

The public is invited to attend the luncheon and program at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m., followed by a noon lunch and the candidate forum. The luncheon cost is \$18. Reservations are required by Thursday, May 12, by calling Tina Laurie at 489-4701. Checks may be written to Republican candidates of choice and the club will pay for the luncheon.

To learn more, call President Carole Green at 850-590-2206.✱

Genealogical Society Meeting

Werner Ropers will present a program titled Letters from Germany at the Lee County Genealogical Society meeting on Thursday, May 19 at the Cypress Lake Presbyterian Church Fellowship Hall, 8260 Cypress Lake Drive in Fort Myers.

Doors open at 9:30 a.m. Visit Shirley's table, Rea's information table and network with members. Announcements begin at 10 a.m., followed by refreshments and the program.

For more information, visit LCGSFL.org.✱



Werner Ropers


Pilot Club Distributes Free Helmets

Members of the Pilot Club of Fort Myers distributed approximately 100 bicycle helmets to children during the recent Safe Kids Day, held at Gulf Coast Town Center. The helmets are provided free of charge to children in an effort to emphasize the importance of wearing them whenever they are on their bicycles. At the same time, parents are encouraged to obtain and wear helmets also.


The distribution of helmets is one of the major community programs the nonprofit club provides each year. Pilot Club members are certified to fit helmets properly. The club distributes 1,000 helmets free-of-charge annually at children's events.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education and financial support.

For more information about the Pilot Club, contact president Patsy Tortora at 322-6138 or rptortora@aol.com.✱



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Hollis Jeffcoat - Mangrove Island I, oil on canvas

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From page 2 Forts

The fort was deactivated once the Seminole Wars ended, but was reactivated in December 1863 by the Union as a Civil War outpost. Its purpose was to patrol the coastline and prevent the Confederates from rounding up wild cattle to supply beef to their troops.

Immediately following the end of the war, settlers from the region ransacked the modern fort for materials to homestead. Pioneers started in what became downtown.

They were essentially squatters, since Maj. James Evans, a Confederate, had gained legal title to today's business district in 1862 under the Homestead Act.

However, he had returned to his native Virginia during the Civil War and did not return until 1873. A town sprang up in his absence. By the way, the conflict over the land, just under 140 acres, was settled amicably once he returned, but that's another little history in itself.

Walk through downtown and imagine a series of sentry boxes along the perimeter and soldiers taking a little R-and-R at the bowling green or pavilion.

Then walk a few blocks to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the history of U.S. Army Forts Harvie and Myers.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your history adventures at the Southwest Florida Historical Society's research center, located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Early History of Lee County and Fort Myers by FA Hendry, Encyclopedia of Historic Forts by Robert B. Roberts, and The Story of Fort Myers by Karl H. Grismer.✱

Fort Myers Art:

Russian Artist To Give Workshop On Impressionist Technique



by Tom Hall

Internationally known Russian artist Julia Kostova will host a two-day workshop at the Alliance for the Arts. This workshop will provide students with the rare opportunity to learn still

life and composition painting techniques from one of the youngest artists on the Russian Art Scene.

During her two-day Breakfast on the Grass – Impressionist Still Life workshop, students will create an unusual still life composition; a top side view that will then be transferred to give the impression of sitting in the park on the grass having breakfast. The technical goal is to learn to mix colors, to understand the influence of colors on each other and to perfect the impressionistic technique. The new skills and technical knowledge that students acquire from this class will improve their painting ability regardless of their current skill level.

Kostova is a graduate of the famous Repin's Art Academy in Saint Petersburg. Born in Yekaterinburg, Siberia, she devoted herself to painting from a very early age. She was intrigued by colors, shapes



Julia Kostova at work

and the Siberian landscape that extended all around her. She later became fascinated by the movement she saw in dance, horse riding and the blowing wind. She challenged herself to capture the moment in all its immediacy and transfer it to the canvas. Kostova studied rigorously, mastering all styles and media, developing her own fluid, but energetic style.

After graduation, Kostova remained in St. Petersburg, but began traveling extensively and exhibiting in Russia, Europe and China. Her large, joyful, energetic paintings earned her a reputation as one of the most promising developing artists in the world. Kostova tirelessly researches traditional Russian costume, embroidery, ornaments and domestic objects that she employs in her magical works. She masterfully reflects the atmosphere of traditional Russian life, relations between

people and nature. Kostova's paintings are well known and sought after in many parts of the world. Numerous public and private collections proudly exhibit her work. She currently has works at Gallery on Fifth, one of the largest fine art galleries in Florida.

The workshop will take place from 10 a.m. to 2 p.m. on May 20 and 21. Tuition is \$250 for Alliance members or \$320 for non-members.

New Work By Swiss Artist On Exhibit At Rene Miville Gallery

The Rene Miville Gallery in the downtown Fort Myers River District has installed new work by 16-year-old Swiss artist Simone Eisenbeiss.

Eisenbeiss renders likenesses of foxes and other forest-dwelling creatures in graphite and colored pencils. Her illustrations have been described as enchanting, romantic, endearing and even a little disconcerting.

Eisenbeiss draws her inspiration from ritual treks she makes through the native Swiss forests that she calls home. Her illustrations reflect the unique connection she has forged with the animals she finds during these long meditative walks. By demonstrating the profound and overlooked natural beauty of these creatures, Eisenbeiss hopes to raise a much-needed awareness of our relationship with nature and the precarious state of many plant and animal species.

A raised consciousness about our symbiotic relationship with our environment is sorely needed. According to the *Guardian*, species around the world are disappearing at almost 1,000 times the natural rate. The planet is losing between

Color pencil drawing entitled *Flying*

150 and 250 species every day, and 15 percent of all mammal species and 11 percent of all bird species are currently listed as threatened with extinction. While hunting and poaching are responsible for some of this loss, the greatest threat to plants and animals around the world results for loss of habitat as more and more land is developed for both residential and commercial purposes.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Showcasing Havana In Fort Myers

Community Cooperative has announced details for its 11th Annual Becoming Cosmopolitan, taking place Thursday, October 6 from 6 to 9 p.m. at The Sidney & Berne Davis Art Center.

"We are so thrilled to be bringing Becoming Cosmopolitan back to the Davis Art Center with the theme of Havana Nights," said Tracey Galloway, CEO of Community Cooperative. "We are looking forward to showcasing some of the mystique and beauty of Cuba right here in downtown Fort Myers," Galloway said.

"Add in extravagant decor, cocktails, bongos and salsa dancers, all in support of a great cause, and you've got what Becoming Cosmopolitan is all about," added Galloway. "It is truly a night like no other to support our mission to end hunger and homelessness right here in our backyard."

The evening features local vendors, gourmet cuisine and cocktails, desserts, a silent auction, raffles, music and an after-party, all to celebrate the cosmopolitan lifestyle in Southwest Florida. Over 300 women attended last fall's fundraiser.

Sponsorships ranging from \$1,000 to \$10,000 are available. Donations for the silent and live auctions are also being accepted. Tickets go on sale in

mid-August.

Community Cooperative provides more than 14,000 meals each month through its Community Cafés and Marketplace and Meals on Wheels programs, and offers homeless and comprehensive case management services through its social and education resource centers. The cooperative serves Fort Myers and the greater Lee County area.

For more information, contact Nicole Rieg at Nicole@CommunityCooperative.com or call 332-7687 ext. 101

The Sidney & Berne Davis Art Center is at 2301 First Street in the Fort Myers River District.*

Lake Kennedy Senior Center

Birthday Celebrations

The Lake Kennedy Center's monthly birthday celebrations get under way on June 15. On the third Wednesday of each month, the center, along with partners Brookdale and Home Instead, offers a cake, coffee and door prize drawing for those in the community celebrating a birthday that month. Free for birthday "celebrities;" \$2 per person. Preregistration required for the party from 2 to 3 p.m., by calling 574-0575.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.*

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Hall Of Fame Inductees



Steve Marino and Gary Aubuchon

Junior Achievement of Southwest Florida inducted Gary Aubuchon, president of Aubuchon Team of Companies, and Steve Marino, president and CEO of Home-Tech Consolidated, Inc., into the 2016 Business Hall of Fame, Lee County during a dinner and awards ceremony held May 3 at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs.

During the event, Lee County students involved with Junior Achievement of Southwest Florida had the opportunity to meet with nearly 500 local business professionals and practice their etiquette skills. Junior Achievement of Southwest Florida's Business Hall of Fame



Sonya and Chloe Sawyer, Steve Marino, Brandon and Brian Sawyer



Steve and Kathy Shimp, Scott and Mary Fischer and Bob Bassett

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Junior Achievement is dedicated to educating young people about business, economics and free enterprise.*



Carol Conway, Gary Bryant and Mandy Carter



Kathleen Passidomo, Gary Aubuchon and John Passidomo



Linda Uhler with Lou Pontius



Bob Bassett with Karen and Gary Tasman



Justin Damiano, Gary Tasman, Angela Fischer and Lysa Kennedy



Gail Markham, Jessica Raynor, Taylor Torena and Robbie Roepstorff



Kyle DeCicco and Brandon Box



Rodney and Catherine Held with Sue Lampitt



Past Business Hall of Fame, Lee County laureates Joe Catti, David Lucas, Norman Love, Mark Loren and Gail Markham



Bob Simpson, Samira Beckwith and Tom Uhler



Carleton Case with Christina Harris Schwinn




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Taste Of The Beach Winners



Presentation was a factor in the judging

Four Fort Myers Beach restaurants took home top awards at this year's Taste of the Beach on May 1, which attracted foodies ready to sample what 18 eateries had to offer.

Competitors vied for honors in Best Appetizer, Best Meat Dish, Best Chicken Dish, Best Dessert, Best Decorated Booth and Peoples' Choice categories.

A panel of sequestered judges was led by restaurant professionals Dan and Tree Andre in a double, blind taste test. La Ola Surfside Restaurant, a first-time contender from Times Square, won Best Appetizer for its barbeque bacon



Award-winning baby back ribs

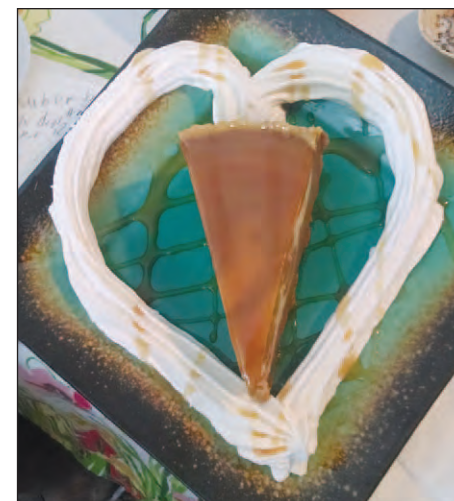
wrapped shrimp. Bootlegger's Barbeque at Salty Sam's Marina won two awards, one for Best Meat Dish for its baby back ribs and Best Chicken Dish for wings. Jack's Farm to Fork Restaurant at Pink Shell Beach Resort and Marina won Best Dessert Dish for a flourless chocolate cake with homemade ice cream and fresh strawberries.

Sharon Harrington, supervisor of elections, conducted voting for the Peoples' Choice Award. Jack's Farm to Fork Restaurant was the winner.

The award for Best Decorated Booth went to Yucatan Beach Stand for its island motif.

"This was the twenty first year of the

Taste of the Beach," said Fort Myers Beach Chamber President Bud Nocera. "Each year, we see the participating restaurants get more competitive in the



Cheesecake was among the dessert selections

variety and quality of the offering from their menus."

The Fort Myers Beach Chamber of Commerce was host.*

Outdoor Play Day

The City of Fort Myers invites families to the 2nd annual Kids to Parks Day on Saturday, May 21 from 10 a.m. to 2 p.m. at Centennial Park in the downtown River District.

This free, nationwide day of outdoor play, organized by the National Park Trust and local and national collaborators, gives kids of all ages an opportunity to be outdoors. Activities include a rock climbing wall, street hockey, potato sack relay race, dance contest, Chalk of the Walk, basketball, bounce houses, arts and crafts, and prizes.

For more information, visit cityftmyers.com.*



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Along The River

Get happy at **Yappy Hour at Bell Tower Shops** this Friday, May 13 from 6 to 8 p.m.

The Gulf Coast Humane Society (GCHS) will provide educational materials on animal preparedness for disaster situations. May 14 is National Animal Disaster Preparedness Day, and GCHS will offer a checklist to add to your hurricane organization kits.

Bring your furry friend for a fun evening of entertainment. Visit the GCHS booth to mingle with adoptable dogs and enter the raffle to win a gift basket.

During the evening, T-shirts, magnets and special pet coasters will be offered for sale and 100 percent of the proceeds will benefit the shelter. A variety of vendors, including The Beach Dog, Valvoline, General Animal Hospital, PetSmart and Specialized Veterinary Services, will be in attendance for the evening's festivities, which will include music provided by the Bell Tower Shops.

Gulf Coast Humane Society, located at 2010 Arcadia Street in Fort Myers, was established as the first non-profit animal welfare organization in southwest Florida in 1947. The 501(c)(3) mission is to rescue, provide safe refuge and compassionate care, and find forever homes for abandoned and neglected animals in the area. GCHS only takes in owner surrendered and transfers from other shelters and rescue groups with a high success rate of adoptions. Their veterinary clinic is open to the public and offers a full array of affordable services six days a week.

For more information about the events with the Gulf Coast Humane Society, call 332-0364 or visit www.gulfcoasthumanesociety.org.

Are you ready for a boat ride? **Pure Florida's** Fort Myers location is offering an **Eco-Cruise to Picnic Island** on Saturday, May 14 from 8 to 11 a.m. The three-hour eco-adventure includes a narrated cruise along the Caloosahatchee River and a guided tour of uninhabited Picnic Island, located between Sanibel and Pine Island.

During the excursion, guests will have the opportunity to walk among black and white mangroves, play in the sand, fish, collect shells and perhaps see wildlife native



Yappy Hour at Bell Tower Shops on Friday evening is for the dogs



Learn about bougainvilleas at Edison & Ford Winter Estates on Saturday

to the Caloosahatchee River and Picnic Island. Pure Florida cannot guarantee animal sightings.

Eco-Cruise tours are guided by Coast Guard-certified captains and master naturalists. They highlight the history of the Caloosahatchee River and the accomplishments of Thomas Edison and Henry Ford during their time spent at the nearby Edison and Ford Winter Estates in Fort Myers.

Registration is \$44 per person. The *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 West First Street in Fort Myers. Guests are encouraged to bring bottled water and snacks. Soft drinks and alcohol are prohibited. Reservations are required.

For more information or tickets, call 919-2965, email FortMyers@PureFL.com or visit PureFL.com.

Join participants for the third annual Fort Myers **Miracle Milk Stroll at Centennial Park** this Saturday, May 14 from 10 a.m. to noon.

The casual walk around the park or down the mall is to show excitement and solidarity for this historic first – a national fundraising and awareness campaign for the human milk cause. It's not a march, or a walk for distance.

The Miracle Milk Stroll is a project of the Best for Babies Foundation. Approximately 500 U.S. and Canadian preemie infants die annually, and 5,000 more are sickened, from necrotizing enterocolitis (NEC). Studies say feeding these fragile babies human milk has been shown to reduce the risk of NEC by 79 percent.

Also on Saturday, take a strolling tour of the **Lakes Park Gardens** at 9 a.m. The free tour is led by a master gardener or botanist/horticulturist. See what's blooming in the gardens.

Participants can meet at the Community Garden at the end of parking lot #3. Parking is \$1 per hour.

Keeping with the garden theme, **Edison & Ford Winter Estates** is hosting a presentation on caring for bougainvilleas on Saturday, May 14 at 10 a.m. Entitled **Garden Talk: How to Care for Bougainvilleas to Get Those Awesome Blooms**, the event will be conducted by guest speaker Tom Scannell, owner of Bougainvillea Growers, Inc. Scannell is regarded as a plants man and scientist who has developed the fertilizer necessary for growing the best blooming bougainvilleas in South Florida. He will discuss the different varieties for every yard and the importance of pruning for growth and bloom.

The Edison Estates property has many varieties of bougainvillea to help illustrate how they grow.

Participants are asked to meet at the information booth at the Edison Ford garden and will receive a 20 percent discount certificate to be used in the Edison Ford Garden Shoppe.

Cost for the presentation is \$5 for Edison Ford members and \$10 for non-members. Send an RSVP to Leanne Criswell, Edison Ford program registrar, at lcriswell@edisonfordwinterestates.org or call 334-7419.

On Monday, **Florida SouthWestern State College (FSW)** is hosting a **Conversation On Writing** with authors Kaylie Jones and J. Patrick Redmond in Room J-117/118 on the Thomas Edison (Lee) Campus in Fort Myers from 6 to 8 p.m.

The daughter of literary giant James Jones (*From Here To Eternity* and *The Thin Red Line*), Jones has published seven books and teaches in two graduate creative writing programs. Before publishing Redmond's *Some Go Hungry* under an imprint she founded with Akashic Books in Brooklyn, New York, Jones was his mentor in the Stony Brook Southampton MFA Creative Writing & Literature program.

Hosted by FSW Writes, the two authors' conversation will educate students and guests on the creative process, the current publishing landscape and how Jones felt

continued on page 11

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For more information, check out our advertisers in this week's *River Weekly*

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Dine al fresco or in air-conditioned comfort at The Island Cow on Sanibel

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes

to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.★

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH
Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:
8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH
3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE
16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Rabbi. Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org✽

From page 8

Along The River

passionately about publishing Redmond's debut novel *Some Go Hungry*.

The novel is a fictional account drawn from the author's own experiences working in his family's provincial Indiana restaurant – and wrestling with his sexual orientation – in a town that was rocked by the scandalous murder of his gay high school classmate in the 1980s.

Some Go Hungry was officially released on May 3 in New York City. The authors appeared at Books & Books in Coral Gables on May 12.

Learn more about the authors, forthcoming titles and future events online at www.jpatrickredmond.com and www.kayliejones.com.

On Wednesday, May 18, Caloosa Riders is sponsoring the **Ride of**

Silence in the evening in **Downtown Fort Myers**. The purpose of the free bike ride is to alert motorists that cyclists use streets, too. Cyclists will ride in a silent, funeral-style procession at 10 to 12 mph for eight miles to honor those who have been killed or injured while cycling on public roadways. There will be a full police escort.

Interested participants are asked to meet at the intersection of Bay and Heitman streets at 6:45 p.m. All are welcome. Riders are requested to wear black arm bands (red if they have personally been injured in a cycling versus motor vehicle accident.)

The Ride of Silence is a worldwide event. In 2015, 357 events were held in 49 states, 20 countries and seven continents.

Visit www.caloosariders.org to learn more.✧

Dress Collection

Love That Dress! will kick off its annual collection event season with the 7th annual SPADA-thon on Tuesday, May 24 from 4 to 8 p.m. at SPADA Salon & Day Spa, located at 13161 McGregor Boulevard in Fort Myers.

Half of this year's SPADA-thon proceeds directly benefit PACE Center for Girls of Lee County while the other half will be split between Valerie's House and the Golisano Children's Hospital of Southwest Florida. Attendees are asked to bring one or more gently "loved" dresses or to make a small donation of \$5 for admission to SPADA-thon. At the event, guests will enjoy \$20 haircuts, \$15 manicures, \$15 chair massages, discounted botox services, fashion vendors and more.

For the first time, SPADA-thon will feature a poker tournament hosted by House of Cards. Spots are \$150 per person, with a \$500 cash prize. The Zig Zag Girlz from the Seminole Casino in Immokalee will be making a special appearance at the tournament. Services and spots in the poker tournament should be reserved in advance, as space is limited. Call 482-1858 or visit SpadaSpa.com for reservations.

This year's main event will take place at the Embassy Suites, located at 10450 Corkscrew Commons Drive in Estero. In the months leading up to the event, members of the Southwest Florida community are asked to donate new and gently "loved" dresses and accessories at collection events and convenient drop-off locations across the county.

Additional events will include a Fashion Show Luncheon presented by Miromar Outlets and hosted by the Embassy Suites in Estero on Tuesday, June 7; the 2nd annual Sunset at SS Hookers Waterfront Restaurant on Wednesday, June 15; The Funky Fashion Show presented by IBERIABANK, Italian American Club, Razzle Dazzle Boutique and the Cape Cabaret in Cape Coral on Monday, June 27; RumRunners' Miami Vibes in Cape Coral on Thursday, July 7; The River District Collection Event at Goodwill Boutique on First and Red Door Photography's studio in Downtown Fort Myers on Thursday, July 14; and the Season Finale hosted by Six Bends Harley Davidson on Friday, July 29.

This year's goal is to generate an inventory of more than 4,000 dresses and raise \$120,000. All proceeds generated by the Love That Dress! events benefit PACE Center for Girls of Lee County.

Anyone interested in participating in a collection event in support of Love That Dress!8 may contact Allyson Ross, special projects associate for PACE Lee, at Allyson.Ross@PACECenter.org. For more information about the event, call 470-7548 or visit www.pacecenter.org/lee.✧

Date Set For Uncommon Evening

The Uncommon Friends Foundation announced that its Uncommon Evening annual gala will be held on Thursday, November 3, from 6 to 9 p.m., at the Gale McBride Pavilion, on the grounds of the Burroughs Home & Gardens, 2505 First Street in downtown Fort Myers.

The annual awards program will feature tours of the historic home, followed by outdoor dining and entertainment. The foundation will then announce the winners of the annual Business Ethics Award, student scholarships and the Character Education Champion Teacher.

All money raised at the gala supports the foundation and its work in character education, promoting ethics in business, student scholarships, and historic preservation of the Burroughs Home and James Newton Archives.

Submit nominations for the Business Ethics Award online at uncommonfriends.org/business-ethics. Nominees from any of Southwest Florida's five counties who consistently demonstrate a system-wide commitment to high business ethics are eligible to apply. Anyone can nominate a company, including themselves.

For information on sponsorships, table purchases and tickets, contact angela@uncommonfriends.org or call 337-9503.✧

Calendar Girls Visit Fleamasters



To set the mood for the best dressed chihuahua contest, The Calendar Girls brought a little chihuahua humor to their performance at Fleamasters Music Hall on May 1. For more information, visit www.calendargirlsflorida.com.

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A May Cold Front Changed Everything



by Capt. Matt Mitchell

The first week of May was strange, to say the least. Earlier in the week, we experienced the best tarpon bite so far this season, with near perfect conditions and lots

of tarpon throughout the whole area. Mid-week, we were hit with a late season cold front bringing rain and cooling water temperatures. After the passing of this weather system, anglers had to deal with strong northerly winds and a drastic crash in water temperatures, which all but shut down the tarpon bite completely. Anglers had just enough great tarpon fishing to really start to enjoy it before the weather took it away for at least a few days. Luckily, this weeks' forecast shows daytime high temperatures in the high

80s, which will quickly warm the water back up and bring the tarpon back into the sound. Live crabs, pinfish, threadfins and cut mullet all got bit before the cold front. On our best morning of pre-cold front tarpon fishing, we jumped four fish and landed one while watching rolling and free jumping tarpon the whole trip. In the first few days following the cold front, I advised my clients to fish for something other than tarpon. We switched it up and went back to shiner fishing the mangroves for snook and redfish. Unlike most years in May, I headed way back in the mangrove creeks to find the best action until the water temperature warmed. Along with snook in the mangrove creeks, we also caught a few slot-sized redfish and some large trout. Fishing a March pattern in May is just not a normal thing, but the winter we just experienced was far from normal. Even this mangrove bite was tough at times, with nothing coming easy. Fishing in the 5th annual "Ding" Darling & Doc Fords Tarpon Tournament on Saturday, the 50-boat field had to deal with about the worst tarpon fishing conditions possible. Everyone involved in this local fundraising event for the "Ding" Darling National Wildlife Refuge still had a great time. Only two tarpon were



Kevin Murray with a slot sized redfish caught while fishing with Capt Matt Mitchell this week

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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landed in the tournament by some of the best tarpon fishing teams in the area. Winners "Chasing Poon" was the team of Mary Laser, Gary Biltgen, Wade Roberts and myself. We were lucky enough to have one tarpon bite in the nine-hour tournament and quickly took advantage this getting leader touch release in 15 minutes on 100-pound plus tarpon, which was the first of the only two fish landed. Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*



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Plant Smart

Purple Coneflower

by Gerri Reaves

Like many other members of the aster family, purple coneflower (*Echinacea purpurea*) resembles a daisy, with its densely packed central disk flowers surrounded by ray flowers.

Those showy blooms measure three to four inches and have reddish brown or orange disks surrounded by light purple drooping ray flowers. The disk color actually comes from the bracts, or modified leaves, not the tiny flowers themselves.

The term Echinacea, derived from the Greek word for “hedgehog,” indicates the spiny nature of the disk flowers, which collectively form the dome-shaped cone.

The nectar-rich flowers attract pollinating insects, butterflies and hummingbirds. After the petals drop off, the seeds in the cones attract birds.

The alternate leaves are lance-shaped or oblong, two to six inches long, coarse and hairy. The longest leaves appear lowest on the stems.

This perennial is low-maintenance, drought-tolerant, hardy and undeniably beautiful. It grows in clumps, reaching three feet tall or more, with single flowers appearing on the stiff rough stems.

Give it a well-drained spot in full sun. It will tolerate some shade, but might have less vivid color and be leggy.

Use it in a natural garden or mass planting or as a pot plant. It can also be used in cut and dried arrangements.

Propagate it with seeds or by division. Various cultivars, from white to pink to lavender, exist.

Purple coneflower is one of several Echinaceas whose roots and flowerheads are used medicinally for a variety of purposes, including strengthening the



Purple coneflower attracts bees, wasps, butterflies and birds
photos by Gerri Reaves

immune system. A popular herbal tea is made from the flowers.

This species is listed as endangered in Florida and occurs naturally only in Gasden County.

Sources: *Gardening for Florida's Butterflies* by Pamela F. Traas, *Native Florida Plants* by Robert G.



Numerous flowers make up the spiny disk

Haehle and Joan Brookwell, cloverleaffarmherbs.com, edis.ifas.ufl.edu, floridata.com, fnps.org, plants.usda.gov, uswildflowers.com, and wildflower.org.

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Garden Council Presents Awards

Special honors were announced during the 7th annual Fort Myers-Lee County Garden Council awards luncheon, held recently at the Whiskey Creek Country Club.

The Berne Davis Honorary Service Award was presented to Bernadette Hamera, current vice president and member of the Estero Island Garden Council and the Southwest Florida Orchid Society. This award of recognition is given to an outstanding member, who over a period of at least five years, has made outstanding contributions to the council, their club and the community.

Additional awards were also announced, including:

- The Rainbow Award was presented to May Jean Nothstine and Carolee Drotos-Swales, both members of the Royal Palm Garden Club.

- The Busy Bee Award was presented to Darlene Tompkins, Poinciana Garden Club, and Janice Miller, Potpourri Designers.

- The Perennial Award was given to Kathy Erickson, Gulf Coast Garden Council, and Jean Shields, Garden Club of Cape Coral.

The public has been invited to open houses on Tuesdays at the Berne Davis Botanical Garden, located at 2166 Virginia Avenue in Fort Myers. The open houses will take a summer hiatus

beginning on May 17. A “clean-out sale” will be held on Saturday, May 14 from 9 a.m. to noon. The garden is a project of the Fort Myers-Lee County Garden Council, whose headquarters are at the Virginia Avenue address.

The garden is the home of the Lorelei statue that was recently part of the old Fort Myers Library as well as the Mina Edison Botanical Library. Many of the displays in the garden have been provided through the talents and contributions of the 19 local garden clubs, nine plant societies, and other affiliates which comprise the Garden Council.

The 2015-16 Fort Myers-Lee County Garden Council officers are Darlene Tompkins, assistant treasurer, Poinciana Garden Club; Mae Jean Nothstine, treasurer, Royal Palm Garden Club; Suzy Valentine, 2nd vice president, Gulf Coast Garden Club; Kay Holloway, president, Periwinkle Garden Club; Bernadette Hamera, 1st vice president, Estero Island Garden Club; Charlene Anderson, recording secretary, Garden Club of Cape Coral; Betty Sanders, advisor, Carissa Garden Club; Debbie Waytt-Stotter, advisor, Fort Myers Rose Society and Garden Club of Cape Coral; Louella Mc Aloose, parliamentarian, Gulf Coast Garden Club; Barbara Moore, corresponding secretary, Poinciana Garden Club; and Debbie Hughes, advisor, Green Thumb Garden Club and herb enthusiast.

For additional information, contact Kay Holloway at 332-0294 or fmlcgcpres@embarqmail.com.✱

CROW Case Of The Week:

Whitetail
Deer Fawn

by Bob Petcher

Whitetail deer fawns (*Odocoileus virginianus*) usually remain within 100 yards of their mothers' watchful eyes during the first few weeks of their lives, even though they have the capability

of walking after only a few hours of their birth. In fact, newborn fawns typically can stand and nurse within the first 30 minutes of life.

The mother doe can give birth to one, two or three fawns. However, twin fawns are separated by their mother for three to four weeks. The doe will hide the two babies in different locations, usually within 25 feet of each other, but could be as far apart as 200 feet depending on conditions.

Whitetail deer fawns are generally born sometime between late April and early July and usually weigh between four to eight pounds. At birth, they have a silky, spotted reddish coat that sports several hundred spots and camouflages the animal by blending well with the surrounding natural environment. The whitetail fawn loses its spots by the end of October of the same year it was born, or within 3 to 4 months after birth.

By November, the average whitetail male fawn can weigh close to 80 to 85 pounds, and the female fawn could weigh 75 to 80 pounds. The coat of the fawn changes from a reddish color to a grayish winter coat as the spots disappear. The male fawn's face grows a bit darker in color, but the belly remains white.

A fawn is born without odors so that predators are not attracted to its location. To help with that protectiveness, the mother doe will stay away from the fawn for a few days so that her scent does not rub off on her offspring. This allows the fawn to remain in hiding while gaining strength.

Last week, a white-tailed deer fawn was brought to CROW from Labelle after it was found with an injured left front limb. Upon arriving at CROW, the fawn received an x-ray to check for internal injuries and to find out the extent of the leg injury. A humerus fracture in the left front limb was discovered. The fawn was also determined to be female.

Upon further examination, the fracture was revealed to be an older injury with a bony callus. Due to the age of the injury, surgery was not an option as the leg will "very likely" never return to normal functionality. CROW medical staff determined the only option was to seek a permanent home for the juvenile deer.

While the fawn is able to walk, CROW officials stated she will have a limp for the remainder of her life due to the injury. Since she will be unable to successfully escape or protect herself from predators in the wild, the fawn will be placed at an educational facility. A location has been confirmed, but details are still being worked out, so



Patient (#16-1482) is attended to by, from left, Brittaney English, CROW medical hospital office manager; Allison Daugherty, doctor of veterinary medicine intern; and Jessica Dyer, CROW fellow. The fawn's eyes were covered with a stockinet and cotton was stuffed into her ears to decrease stress.

the name of the facility has yet to be announced.

Even with the unfortunate circumstance, the fawn is still expected to live a complete life.

"The fawn will live a normal life in an educational facility where she will be taken care of," said Dr. Heather Barron: "Unfortunately, due to the injury, it is unable to be released back into the wild. The fracture is from a previous injury so even if it was able to be corrected, the

fawn's leg would not be fully functional. We are happy that we have found her a home."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



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Zika Virus Discussed At Sanibel Library

by Jeff Lysiak

Last week at the Sanibel Public Library, Dr. Phillip Marks followed the monthly Master Gardeners lecture with a presentation on the Zika virus, offering information on the history of the disease, its symptoms, the potential for birth defects and ways to prevent attracting the mosquitoes that carry the virus.

Of the 472 Zika virus cases reported in the United States (as of May 4), 95 cases have occurred in Florida. Of that total, nine have been reported in Lee County.

"In general, it's a very benign clinical course," Dr. Marks said of the disease, whose symptoms may last anywhere from several days to a week after being bitten by an infected mosquito. The most common symptoms of Zika are fever, rash, joint pain and conjunctivitis (red eyes).

However, the most concerning outcome of Zika is the potential for birth defects. According to the Centers for Disease Control and Prevention, acquiring the virus infection during pregnancy can cause a serious birth defect called microcephaly – a condition where a baby's head is much smaller than normal – as well as other severe fetal brain defects.

"There's not much brain tissue there... it's mostly fluid," Dr. Marks noted of babies born with microcephaly.



Dr. Phillip Marks discussing the Zika virus at last week's Master Gardeners lecture

photo by Jeff Lysiak

The virus was originally detected in 1947 and is named after the Zika Forest in Uganda. In 1952, the first human case of Zika was reported in Nigeria.

During his presentation, Dr. Marks explained that mosquitoes are attracted to standing water, typically found in puddles, birdbaths, pet bowls, buckets and garbage can lids. He suggested that island residents take steps to prevent standing water – especially following a rainfall – from accumulating in areas around their homes and businesses.

"It only takes a couple of days for mosquitoes to find it," said Dr. Marks, who also noted that the Lee County Mosquito Prevention District only sprays

around marshes, canals and wetlands, which accounts for only 65 percent of the island's land area. "They tend to just hang around your house if they find water."

The mosquitoes that carry Zika – the *Aedes aegypti* and *Aedes albopictus* varieties – are active during peak periods of the day rather than during the dusk and dawn hours, when most mosquitoes typically feed. While there is not vaccine currently available to prevent the disease, there are steps the CDC recommends to prevent being bitten:

- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning and window and door screens to keep mosquitoes outside.
- Take steps to control mosquitoes inside and outside your home.
- Sleep under a mosquito bed net if you are overseas or outside and are not able to protect yourself from mosquito bites.
- Use Environmental Protection Agency (EPA)-registered insect repellents with one of the following active ingre-

dients: DEET, picaridin, IR3535, oil of lemon eucalyptus, or para-menthane-diol. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breast-feeding women.

Another little-known fact about Zika: The mosquitoes become infected when they feed on a person already infected with the virus. Infected mosquitoes can then spread the virus to other people through bites. However, once a person has been infected, he or she is likely to be protected from future infections.

The virus may be transmitted through a blood transfusion, through sexual contact and from mother to child during pregnancy.

"There have only been nine cases reported (in Lee County), but I think there may be hundreds more... this could be just the tip of the iceberg," added Dr. Marks. "It won't really hit home until we see an American baby born with a small head."

For additional information, visit www.cdc.gov/zika/.

Audubon Annual Meeting

Audubon of Southwest Florida will hold its annual meeting at the Southwest Florida Masonic Lodge on Saturday, May 21.

The 2016 speaker will be Dr. Bill Hammond, professor emeritus of Environmental Sciences at Florida Gulf Coast University.

A spaghetti dinner will be served beginning at 5:30 p.m., followed by a short business meeting. The featured program will begin at 7 p.m.

The dinner and program are open to the public and presented free of charge (donations are appreciated). RSVP to info@audubonSWFL.org.

The Southwest Florida Masonic Lodge is located at 10868 Metro Parkway in Fort Myers.

Learn Basic Citrus Care

The Edible Gardening Exchange's May 19 speaker is Dr. Mongi Zekri, Southwest Florida multi-county citrus agent, who will explain basic homeowner citrus care, including citrus greening.

Join other edible gardeners at 6:30 p.m. at the North Fort Myers Recreation Center, 2000 North Recreation Park Way. At 5:30 p.m., there will be an open and informal chat on edible topics. Consider bringing something to share with others, such as seeds, plants or a snack. Bring your own cup for free coffee and tea.

The fee for monthly summer classes, running April to September, is \$10. A Lee Parks and Rec lifetime membership card is also required, which is a one-time fee of \$10 per person.

For more information, call or text Karen Harty at 610-530-8883 or email GrowAGardener@gmail.com.

Groundbreaking For Harlem Lakes Garden

The City of Fort Myers Real Estate Division, the United States Department of Housing and Urban Development, Southwest Florida Enterprise Center and the Fort Myers Community Redevelopment Agency invite the public to the groundbreaking ceremony of the Harlem Lakes Community Garden on Sunday, May 15 at 3 p.m. The garden is located at 2045 Barden Street in Fort Myers.

The Harlem Lakes Community Garden is the first step in the Fort Myers Urban Garden and Farm Initiative project, which was created to support small and start-up "foodpreneurs." The goal is to increase the availability of local, healthy and affordable food products and food-related employment in the Dunbar community of Fort Myers. The next step in this initiative is to build a 4800-square-foot commercial kitchen for hourly rental, to enable a wide variety of food businesses to start and grow. In addition to the kitchens, there will be on-site business planning and development classes, plus financing assistance, offered by the SWFEC Foundation Board.

For additional information, contact Mike Love, director of the Southwest Florida Enterprise Center at 321-7085.

Guided Kayak Tour

The Mound House is offering a sunset and full moon rising guided kayak tour on Thursday, May 19 at 6 p.m. Participants will explore tidal creeks and winding mangrove tunnels extending into the hidden backwaters of Estero Bay. The tour provides an opportunity to experience life in the estuary during the quiet of twilight.

Tours are also offered on Friday, May 20 and Saturday, May 21 at 6 p.m. The cost is \$60 per person and \$30 for members. The Mound House is located at 451 Connecticut Street, Fort Myers Beach. Regular hours are Tuesday, Wednesday and Saturday from 9 a.m. to 4 p.m.

To register for a tour, call 765-0865. For more information, go to moundhouse.org.



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Highlights From The ‘Ding’ Darling And Doc Ford’s Tarpon Tournament



Despite high winds, Team Chasin' Poon hooked the first tarpon on tournament day, May 7, and took home a check for \$12,037.50. Pictured, from left, Sarah Lathrop, Don Wildman, Gary Biltgen, Matt Mitchell, Mary Laser, Wade Roberts and Paul Tritaik.



Competitors in the 5th annual “Ding” Darling & Doc Ford’s Tarpon Tournament, along with other friends of “Ding” Darling, gathered at Doc Ford’s Fort Myers Beach on Friday evening, May 6, for the Captain’s Dinner. The event preceded a day of fishing on Saturday. Fifty teams - nearly 240 anglers - gathered for drinks, food and a silent auction as they received their tournament guidelines.



Francesca Donlan, third from right, with the Lee County Visitor & Convention Bureau, hosted two UK journalist teams this year - Team Fish & Chips and Team Sea Angler



Team Teaser came in second place by reeling in the second tarpon catch of the day



Volunteers worked tirelessly to make the tournament a success. Front, from left, Leigh Gay, Gary Ogden and Barb Rogers. Back, from left, Anna Grubb, Carrie Alexander, Alison Conger, Birgie Miller, John McCabe, Sarah Lathrop and Toni Westland.



Team Maastricht Engineering from Fort Myers: Pete Maastricht, center, with other members of his team



Team Shock & Awe at the Captain’s Dinner: Cliff Young, Jim Patchett, David Gresham and Steve Gresham with Phyllis Gresham. The Gresham Family was a tournament sponsor.



Team Trophy Case from Fort Myers: Don Taylor, Jerry Stephenson, Kim Owens and Daniel Owens



Team Kraka Dawn members from Fort Myers: Dave and Nathan Koschara, Steve Benton and Noah Siegel

CARD OF THANKS

Hello, my name is Carl Johanson. I am a firefighter who is employed with Sanibel Fire and Rescue District.

On January 24, 2016, I was involved in a motor vehicle accident which left me severely injured. I have had several surgeries and I am on the road to recovery. I am looking forward to getting back to work in the future.

I wanted to take the time to personally thank all of the great residents of Sanibel and the people of Lee County that expressed their support and made financial donations to help me.

I cannot tell you all how deeply touched and humbled I am. Each and every one of you have made a difference in my life, and for that I am eternally grateful.

My recovery is coming along and I really believe that all of you have helped me tremendously to achieve this. I still have a ways to go, but I go with a heart full of joy from all the compassion and continued support you have given me.

On behalf of my family, myself and my department, I thank you all from the bottom of my heart.

God bless, sincerely,
Carl Johanson✱

Run On The Green 5K Race

Join the Fort Myers Recreation Division for the Memorial Day 5K, Run on the Green, held at Eastwood Golf Course on Monday, May 30.

The route takes participants through the golf course's back nine holes, finishing at the clubhouse. Medals will be awarded for first, second and third place finishes in each age group.

Registrants receive a race T-shirt, post-race refreshments and are eligible to win door prizes if present after the race.

Check-in is 6:30 a.m., with the race starting at 7:30 a.m. at the golf course, located next to the Calusa Nature

Center, 4600 Bruce Herd Lane in Fort Myers, just off Ortiz Boulevard.

The entry fee for adults (18 and older) is \$20 prior to May 30 and \$30 on race day. For those under 18, the fee is \$10 before May 30, and \$20 on race day.

Pre-register by mail no later than Friday, May 27. Entry forms are available online at cityftmyers.com or at any City of Fort Myers recreation facility. Register online at ftmyerstrackclub.com, send an email to kmacdonald@cityftmyers.com or call 321-7530 for more information.✱

John Daly Arrives On The Champions Tour, Let The Fun Begin



by Ed Frank

They lined up seven deep last week to follow "the bad boy of golf" as he made his Champions Tour debut in the Insignity Invitational in Woodlands, Texas.

Flamboyant, unpredictable and trouble-prone, John Daly, bedecked in his accustomed wild garb, brought huge crowds to the event as he competed for the first time in the age 50-and-older PGA tour after turning 50 the week before.

Adding to the glamor of his tour debut was his caddy and soon-to-be fifth wife, Anna Cladakis, a promotional director for the Hooters restaurant chain. By the way, she is being sued by Daly's fourth wife, Sherrie Miller, for wrecking their marriage.

Although he didn't win the tournament, Daly finished in a tie for 17th place and pocketed \$27,900, not a bad performance for a golfer who had played in only two events this year – the

Lake Kennedy Senior Center

Bus Trip To Rays Vs. Yankees Game

The Lake Kennedy Cruisers are heading to Tampa for one of the most popular baseball games of the summer pitting the hometown Tampa Bay Rays versus their arch-rival New York Yankees on Friday, May 27.

Bus trip participants should arrive at the Lake Kennedy Senior Center by 4:15 p.m. prior to the 4:30 p.m. departure.

First pitch is scheduled for 7:10 p.m.

Tropicana Field is a closed roof air conditioned facility. Participants will enjoy lower level seats in section 115. Small, soft coolers for snacks and one liter or less bottled waters are welcomed to be brought into Tropicana field.

Cost is \$92 for members or \$97 for non-members. Pre-registration is required by Thursday, May 12.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

Qatar Masters and the Puerto Rico Open. His total of two-under-par for the three rounds was a respectable showing.

There are many, including Naples resident Fuzzy Zoeller, who thought Daly would never make it to 50 with a lifestyle of drinking, gambling, four divorces and two trips to alcohol rehab. In fact, Zoeller bet him \$150,000 he would never live to the half-century mark.

Daly said he wouldn't make Zoeller pay up, but would settle instead for a big bottle of Zoeller's signature vodka. Daly sells John Daly Handcrafted Vodka Cocktails in three flavors.

While you may shake your head in wonder about his antics and lifestyle, the golfing world never questioned his raw, self-taught talent.

It's been half a century since Daly blazed on the scene winning the first of his two Major tournaments, the 1991 PGA. He was a last-minute alternate, driving all night from Arkansas to Indianapolis. Having never played or even seen the tough Crooked Stick Golf Course, he astounded the field and the millions that watched on television with a three-stroke victory.

With a physique resembling a sumo wrestler and booming drives well beyond 300 yards, Daly became an icon on the professional tour. He followed up with a second Major victory in 1995, the British Open.

But soon the demons crushed his ability, and his last PGA win was 12 years ago.

Despite his travails and colorful

personality, he has remained a captivating sports figure for decades. And his entrance on the Champions Tour is certain to draw thousands to future tournaments just as it did last weekend.

Daly has said he plans to compete regularly.

In one press account of last weekend's tournament, a longtime Daly fan was quoted:

"Everybody loves him – it's the good and the bad. They say you can't smoke, you can't drink, you can't gamble... He's like 'That's what I do'."

It's doubtful, however, that his four previous wives share that love.

Miracle Win Five Of Seven For First Place In Division

Following Monday night's 10-6 victory over Bradenton, the Fort Myers Miracle had won five of their last seven games and stood atop the Florida State League South Division.

After tonight's (Thursday) game against Bradenton, the Miracle will be on the road until next Friday when they begin a seven-game home stand at Hammond Stadium.

The current Miracle roster includes three first-round draft selections of the Minnesota Twins – shortstop Nick Gordon and pitchers Kohl Stewart and Tyler Jay.

Though Monday, Gordon leads the team with a .309 batting average. Stewart had posted a 2-0 record with a 1.91 ERA and Jay was 2-2 with an ERA of 3.86.✱

SPORTS QUIZ

1. When was the only time before 2015 that the Houston Astros started a season with a franchise record of 31-19 after 50 games?
2. Two different Oakland Athletics players each led the A.L. in stolen bases twice during the 1970s. Name them.
3. Who has had the longest tenure as the football coach at the University of Iowa?
4. Golden State's Stephen Curry, in 2015, became the fastest NBA player to 1,000 career 3-pointers made (369 games). Who had been the fastest?
5. In 2015, Chicago's Patrick Kane set an NHL record for most consecutive games with a goal or assist by a U.S.-born player (26 games). Who had held the mark?
6. Toronto's Sebastian Giovinco set a Major League Soccer record in 2015 for most combined goals and assists in a season (37). Who had held the mark?
7. Who did Floyd Mayweather Jr. face in the first and last fights of his undefeated 49-bout boxing career?

ANSWERS

1. It was 1998. 2. Bert Campaneris (1970, '72) and Bill North ('74, '76). 3. Hayden Fry coached the Hawkeyes for 20 seasons (1979-98). 4. Dennis Scott needed 457 games to do it. 5. Toronto's Eddie Olczyk (1989-90) and Boston's Phil Kessel (2008-09), with 18 games each. 6. Chris Wondolowski had 27 goals and seven assists for a combined 34 for San Jose in 2012. 7. Roberto Apodaca in his first bout, and Andre Berto in his last.

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United Way Campaign Chair David Fry

United Way Surpasses Goal

The United Way of Lee, Hendry, Glades and Okeechobee honored donors and volunteers who helped exceed the organization's 2015-16 campaign goal with an event at Six Bends Harley-Davidson in Fort Myers.

The campaign raised \$9,420,338, a 4.2 percent increase over the previous year. This was the 23rd consecutive year United Way has surpassed its goal.

David Fry, 2015-16 United Way Campaign chair, thanked the crowd of over 400, and the sponsors.

"To all of you who gave, I send my most sincere thanks. I am so proud to call Southwest Florida home, where



Betsy Clayton, Cliff Smith and Stan Nelson

people really care about each other," said Fry. "Because of your generosity, our 85 partner agencies can supply food to hungry families, assist veterans when they return home, help abused children and adults find safety and shelter, help older persons remain in their homes, and give babies and toddlers a healthy start in life. You gave so others could have a better life."

The celebration featured complimentary food and beverages, face painting, photos atop a motorcycle and music by the Killa Watts, LCEC's employee band.

Sponsors and supporters included Scott Fischer Enterprises and Six Bends Harley-Davidson, LCEC, the Killa Watts Suncoast Beverages and the City of Fort Myers.*



Laurel and Mike Smith with Cindy and Kevin Pierce



LCEC's employee band, the Killa Watts

Tryouts For Youth Soccer Academy

The Florida Gulf Coast Dutch Lions FC announced that tryouts for their youth academy will take place on May 14, 17, 21 and 24 at Jim Jeffers Park. The exact times can be found on the FGCDL FC website, www.fgcdlfc.com.

For over a year, Florida Gulf Coast Dutch Lions FC has educated young soccer players under the highly successful and worldwide recognized Dutch Development Philosophy, ranked by FIFA in the highest category of quality. To guarantee top player development, only experienced and licensed coaches that complete the Dutch training program are in charge to guide the training sessions. In addition, video analysis sessions are utilized, a great visual aid, allowing the coach to show exactly what they have been trying to convey.

The players will learn the unique combination of technical, tactical, physical and mental development, which will give them the opportunity to develop up to their highest possible potential. If started at a young age, chances rise of making the high school starting team, obtain a soccer scholarship for college, or even becoming a professional soccer player. To guarantee the quality of

the academy, the Dutch Lions FC has established a partnership with Dutch Premier League club FC Twente (champions in 2010). Early age development is something the Dutch school is known and recognized for worldwide.

The Dutch Lions FC Youth Development Academy is vital to the foundation of the Florida Gulf Coast Dutch Lions FC. The focus at these ages is critical to enhance and encourage individual skill development while having fun. Understand the importance of correct and relevant instructions at an early age, will support the development of the players at an older age. The learning environment will be positive and also fun for these young players. This will aid in building confidence, self-esteem, and the interaction with other children.

The Dutch Lions FC starts educating kids at age 6, offering the unique possibility for top players to play pro in either the USA or Europe. With an extensive network in the global soccer world and multiple players that went to the MLS and Europe the Dutch Lions FC can be considered to be the "gateway to professional soccer."

Registration for the tryouts can be made online at www.fgcdlfc.com. For more information, contact Jouko Gorissen at j.gorissen@fgcdlfc.com or 728-4882, or Simon Zeise at s.zeise@dutchlionsfc.com or 222-3100.*

Available at
www.AMAZON.COM
www.EDITORIALRxPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



From left, Keith Morgan, Joell Farina, Jamie Farina, Butch Shull, Corey Smith, Lisa Bethune, Gary Bethune, Marian Christensen, Josh Christensen, Danielle Hartman, Matt Benolkin, Charlie Benolkin and Anne Benolkin



Butch Shull, Marian Christensen, Josh Christensen, Lisa Bethune, Gary Bethune and Danielle Hartman

Construction Employees Clean Up Beach

More than a dozen Suffolk Construction employees, in partnership with Keep Lee County Beautiful, participated in the Great American Cleanup on Fort Myers Beach held on April 23. The Suffolk team spent the morning cleaning up litter and debris on the beachfront and along Estero Boulevard near the southern end of the island.

The Great American Cleanup is a day when all Lee County residents and visitors make a difference in their neighborhoods and communities. The event is a call to action to create more sustainable communities by focusing volunteer efforts on activities that impact individuals in need, aesthetic community improvements and environmental impact.

"We are committed to making a positive impact in our local communities through grassroots volunteer work like Keep Lee County Beautiful," said Josh Christensen, vice president of West Coast Florida Operations for Suffolk Construction. "Not only did we get to celebrate the Great American Cleanup with a beautiful morning on a section of Fort Myers Beach, but this was also a day of camaraderie and team building for us outside the office."✱



Bagging beach debris on April 23



Suffolk Beach Cleanup crews look for litter

Financial Focus

Talk To Your Adult Children About Financial Moves

by Jennifer Basey



If you have children who are finishing college or embarking on their first full-time job, you obviously want them to get off to a good start in their adult and working lives. And by virtue of your years of experience, you

probably have some good advice to offer – especially when it comes to making smart financial moves.

Of course, you can find a broad array of financial topics to discuss. But if you want to concentrate on just a few, you might consider these for starters:

- Investing for the future – When young people are paying off student loans, they may not think they can also afford to invest for the future. Indeed, this can be challenging – but it's not impossible. So, if your children go to work for an employer that offers a retirement plan, such as a 401(k), you may want to

point out that they can have money automatically invested – and since they never really "had" this money in the first place, they are less likely to miss it. They can start by deferring small amounts; when their earnings rise, they can increase their contributions.

- Buying a home and paying off a mortgage – With interest rates still low, now is not a bad time for prospective first-time homebuyers. Of course, if your children truly are starting out in the working world, it will likely take them a few years to save up enough for a down payment. But even after they reach that goal, you may want to warn them not to become "house poor" by spending a large portion of their total income on home ownership. If they do buy a house, though, and their incomes go up as their careers progress, they may wonder if they should pay down their mortgage quicker. While they might feel good about lowering that debt, you may want to point out that an argument could be made for putting money in assets that will likely be more liquid, such as stocks and bonds.

For one thing, if your children were to lose their jobs, and they needed cash to tide them over until they were once again employed, they'd likely find it much harder to get money out of their homes than their investment accounts. Also, in terms of accumulating resources for retirement, they might be better off building up their investment portfolios rather than sinking

every extra dollar into their homes.

- Using credit wisely – Urge your children to avoid taking on excessive credit card debt and taking out non-essential loans. As you know, having a good credit score can pay off in several ways, including getting better rates on mortgages. You may want to risk sounding "old fashioned" by encouraging your children to live within their means. And consider pointing out that it's often the people who are the most frugal today who may end up with the most money tomorrow.

It's not always easy for young people to get off on the right foot, financially speaking. But as someone who knows a thing or two about controlling debt, saving and investing, you can help your children out by imparting a few words of wisdom.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

From page 1

Art Show Coming

"Quest for Permanence is an exhibit of work that examines humans at play with time in its many forms and the tensions that arise as time and place collide," said co-curator Barry Cavin.

The gallery is on FGCU's main campus at 10501 FGCU Boulevard. Parking is available in Lot 7 for gallery visitors. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Friday and 10 a.m. to 7 p.m. on Thursday. For more information, go to artgallery.fgcu.edu, call Anica Sturdivant at 590-7199 or email asturdiv@fgcu.edu.✱

From page 1

Theatre Conspiracy

characters with intimate and revealing dialogue. The play ends with a satisfying resolution and we are also left wishing we had more time with them.

The set design depicts a rich picture of the apartment including a terrific skylight view of New York. It's interesting how it almost becomes a third entity. There are a lot of memories stored within its walls.

Running plays through May 21 at Theatre Conspiracy, Alliance For the Arts, located at 10091 McGregor Boulevard in Fort Myers. For tickets, call 936-3239.✱

Johnson, Kobie To Represent Rotary District

Rotary District 6960 District Governor Cyndi Doragh recently announced that two applicants from the district have been selected to participate in the Rotary International Southland Young Professionals Summit in Atlanta, Georgia this June. Shannon Johnson and Christine Kobie were selected by a panel of judges in a competitive application process to represent the district.

The summit provides a unique opportunity to exchange ideas with delegates representing the 29 districts of the Mid-Atlantic and Southeast Southeastern United States, the Caribbean, Puerto Rico, French Guiana, Guyana and Suriname. Johnson and Kobie are rising stars that have both been members of the Rotary Club of Fort Myers South, one of the district's more than 50 clubs, since 2015. They will travel with Doragh's personal representative, District Governor Nominee Designate Sandra Hemsted.

Johnson is the real estate manager for Chico's FAS, Inc. and a third-generation Rotarian. "Service Above Self" was a distinctive part of my



Christine Kobie

upbringing as my Rotary parents, and grandfather, invested countless hours of service throughout our local community and around the world," Johnson said. "I was taught that to serve others is to find true happiness, and Rotary is the perfect vehicle for me to give back and serve others. I am so very pleased Rotary acknowledges the value young professionals have to offer and is taking the time to invest in us in an effort to better engage our involvement and



Shannon Johnson

commitment in Rotary."

Kobie works in community education for Abuse Counseling and Treatment, Inc. as a violence prevention education and volunteer coordinator. "It is an honor to represent district 6960 at the Young Professionals Summit," she said. "I'm excited for the growth and ripple effect that will begin; I can already feel the energy!"

For more information, visit RotaryDistrict6960.org.

Clerk Of Court Workshop May 18

Lee County Clerk of Court Linda Doggett will hold a public seminar, The Value of Searching Records and Online Services, on Wednesday, May 18 from 1:30 to 3:30 p.m. at the Fort Myers Beach Public Library, located at 2755 Estero Boulevard.

Public records can help businesses, organizations, residents and consumers make better-informed decisions. Learn what to do if you suspect fraud, waste or financial mismanagement involving court-appointed guardians over elderly, minor children and incapacitated individuals. Find out how to search public records for copies of deeds and mortgages; review court records of prospective tenants, employees, contractors and doctors; pay traffic tickets online; request postponement or excusal of jury duty and more.

The seminar is free. Seating is on a first-come, first-served basis and subject to capacity. Check the Community Outreach Schedule located within the Media Center tab online at LeeClerk.org for additional dates and locations. Call 533-2766 or email RMiller@LeeClerk.org for more information.✪

Share your community news with us. Call 415-7732 or email press@riverweekly.com

Passport Week Extended Hours

The Lee County Clerk of Court is offering extended hours for those seeking passports during a special Passport Week, that runs from Monday, May 16 to Saturday, May 21. No appointment is needed.

During Passport Week, Lee County Clerk of Court's Recording Office hours offer extended hours each weekday and four hours on Saturday. The office will be open Monday through Friday from 7:30 a.m. to 6 p.m. and on Saturday from 10 a.m. to 2 p.m.

Residents can always apply for passports during regular office hours: Monday through Friday, 8 a.m. to 5 p.m. (must arrive to the office no later than 4:30 p.m.).

The Clerk's office acts as an acceptance agent for the state department. It is the responsibility of the office to review the passport application, collect the correct fees and make sure that all required documentation is included prior to sending it to the state department.

Before arriving at the office, everyone is encouraged to review passport information, fees, required documents and information at www.leeclerk.org or call 533-5007.

Lee County Clerk of Court's Recording Office is located within Fort Myers Administration Office at 2115 Second Street on the second floor.✪

Yoga On The Beach Classes

Join local instructor Becky Lang for Yoga on the Beach every Saturday morning during the month of June from 8:30 to 9:30 a.m. The suggested donation for each session is \$10.

The class will be held on Fort Myers Beach just north of the pier in front of the Edison Beach Hotel. There isn't a more perfect place to practice yoga – under the sun, in the sand with the sounds of the gulf waters nearby.

This will be a Level 1 flow class, suitable for most people. No pre-registration is required. Participants should arrive on the beach a little before 8:30 a.m. with their yoga mat, sunscreen and water. Hourly parking is available nearby in the Times Square area.

For more information, contact Becky Lang at 791-6538 or beckylang@comcast.net or visit www.beckylang.com.✪

Dean's List

Sean Shepardson of Fort Myers has been named to the Elmira College Dean's List for Term II, Winter 2016.

Students who earn a 3.6 or greater GPA on a 4.0 scale are recognized for academic excellence.✪

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Book Review

When Breath Becomes Air

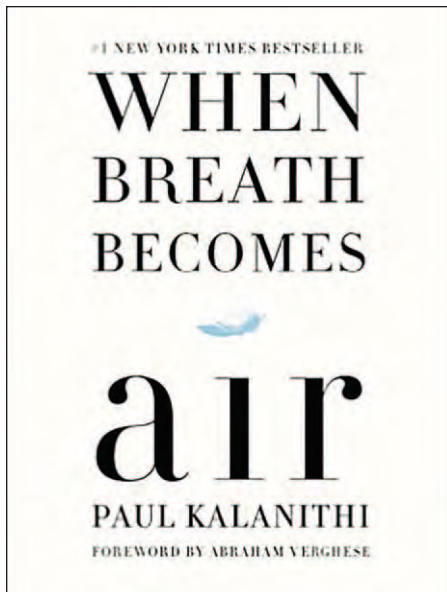


by Di Saggau

When *Breath Becomes Air* opens with a trainee neurosurgeon examining a set of images from a CT scan. His highly trained eye sees how tumors are dispersed

across the lungs, how the spine is deformed, how one lobe of the liver has been destroyed. His diagnosis: "Cancer, widely disseminated." What makes this case different from the dozens he deals with each week is that these are scans of his own body.

Paul Kalanithi discovered he had inoperable lung cancer at the age of 36. He had everything to live for. After a decade of training, he was close to qualifying as a neurosurgeon and was planning to start a family with his wife, Lucy. He had a 40-year career plan that was suddenly shattered. Confronting a terminal illness, he continued working for awhile, and as the cancer weakened his body, he turned to writing. This book is the result of his writing and it is well worth the read. It's already a bestseller and it allows the reader to enter the life and work of an extremely courageous man.



In choosing neurosurgery, Kalanithi worked more than 100 hours a week doing operations in which the difference between life death could be a matter of millimeters. Kalanithi is inspired by a quote from Beckett that comes back to him from his literature days: "I can't go on... I'll go on." As he said, "Before my cancer was diagnosed I knew that someday I would die, but I didn't know when."

After the diagnosis, the only difference was he knew it would be soon. At first, he obsesses about statistics and survival. He wants to know how long he has. If it's three months, he'll spend time with his family; one year and he'll write a book; ten years, he'll go back to medicine.

Being a patient opened Kalanithi's eyes. The prospect of death looked so different than it did from a doctor's perspective. He and Lucy decide to have a child. Lucy asks him, "Don't you think saying goodbye to your child will make your death more painful?" Kalanithi responds, "Wouldn't it be great if it did?" The power of this book is that we are all confronting our mortality every day. The real question we face, Kalanithi writes, is not how long but rather how we live our life.

When Breath Becomes Air is an inspiring look into a young man's life and death. Kalanithi died at age 37 last year. His wife wrote the epilogue for the book. A quote on the back cover by Atul Gawande says it all: "Rattling, heartbreaking and ultimately beautiful, the too-young Dr. Kalanithi's memoir is proof that the dying are the ones who have the most to teach us about life."✧✧

Dining Contractor Signs Campus Commitment

Florida Gulf Coast University's new dining services partner, Chartwells, has joined the university in signing the Real Food Campus Commitment.

FGCU students started asking the university to adopt the Real Food Challenge (RFC) in 2011 via a signature campaign, which has reached into the thousands. FGCU is the first university in Florida to make this commitment to

sustainable food systems, joining 73 schools nationwide.

The RFC began in 2008, and is a student-led national campaign that focuses on asking U.S. college and university food service providers to leverage their purchasing power to positively impact sustainable food systems development.

Chartwells plans to hire three RFC interns, who will work in partnership with sustainability managers for both the company and FGCU to accomplish Real Food Campus Commitment goals.

The interns will use the Real Food Calculator, which categorizes food as local/community-based, fair, ecologically sound and/or humane to conduct an assessment of university food purchases. Local/community-based foods are those that come from within 250 miles and are cooperatively or independently owned. Ecologically sound, fair and humane foods are determined by participation in approved programs such as the Coalition of Immokalee Workers' Fair Food Program or the presence of approved third-party certifications such as Animal Welfare Approved.

The goal is that 20 percent of food purchases will meet RFC criteria by 2020, with FGCU continuing to increase the amount of foods meeting the criteria by 5 percent annually until 60 percent is achieved.

For more information, contact Katie Leone, sustainability manager, at 590-1507.✧✧

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My 10-year-old daughter has dyslexia. She has an IEP and is doing well in school with support. She is not eligible for extended school

year services this summer, which is actually OK since we will be visiting family in another state. What can you recommend for us to do this summer so we can keep up her reading comprehension skills?

Jasmine K., Fort Myers, Florida

Jasmine,

I'm glad to hear that your daughter is doing well at school and I applaud you for planning ahead for summer activities. When children have special needs, it does require extra planning for summer and holiday periods so children maintain their skills.

Of course, the number one way for kids to maintain and improve their literacy is by reading. At 10 years old, your daughter will still enjoy time spent with you reading aloud. Another great way for kids to keep up their academic skills is through technology. There are so many educational apps now that help kids not only maintain their skills, but help to

increase them.

As you know, reading comprehension is a combination of many discrete skills including decoding, word and sentence fluency, vocabulary, recall, critical thinking skills and reading speed. Some apps are designed to work with these skills separately and others present a more combined whole language approach.

Here is a brief review of several apps that are highly recommended by curriculum and tech experts in the field:

- **Reading Comprehension Prep** is made for ages 9 to 11. It contains specifically appropriate content chosen at the fourth grade level. It has a range of different stories to test comprehension with a variety of questions about the selected passages. This collection of original stories was written specifically for this app with each passage and question set taking approximately five to eight minutes to complete. It is a mix of fiction and non-fiction selections. It is aligned with CCSS (Common Core State Standards) for fourth grade. It costs \$2.99 and also has different grade level versions.

- **Comprehension APP – Aesop's Quest** for K to 6, free.

Aesop's Quest, based on Aesop's *Fables*, is a learning game where the student must remember elements of a story to complete a level. At the end of each story segment/level, the student is rewarded with puzzle pieces. After solving the puzzle, the story is complete and the child can continue to the next story. Developed in association with the Virginia

Department of Education.

- **StoryBuilder** is a language-arts app for kids who need to improve their sentence formation, storytelling and speaking. It prompts kids to record answers to questions about a picture, then knits their answers together into a story. The app uses both auditory and visual prompts, and has three levels of play. There are additional settings to adjust whether and how long the words of the question or answer prompts appear on the screen. Kids can also record their own story without the prompts. Stories can be saved and also shared on email. Multiple users can create profiles and save stories, but only one can be logged in at a time. Since there is no feedback provided to kids within the app itself, this is best used together with parents and to track progress. It costs \$3.99 and is for grades 1 to 4.

Using any or all of these apps regularly across the summer months should help your daughter maintain her skills and help build her confidence with reading.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧✧

Local Grad Supports Naval Information Force

Mark Williams, a 1977 Riverdale High School graduate and Fort Myers native, is part of the U.S. Navy's Information Warfare Community at Naval Information Forces in Suffolk, Virginia.

Department of Defense (DoD) civilian Williams is a management analyst, which includes activity creation, deletion, realignment actions and manpower change actions.

"I enjoy working with a variety of commands, resolving manpower issues from around the world and different missions," said Williams. "The challenging work is what I like about Naval Information Forces: same old day, but different stuff – always a different mission."

The job supports the Navy's Information Warfare Community, which contains experts in meteorology and oceanography, cryptology, communications, electronic warfare, intelligence and space capabilities, in addition to cyber and networks operations.✧✧

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IslandSunNews.com

FMTC Students Win At State Competition

Fort Myers Technical College (FMTC) students won 11 medals at the Florida SkillsUSA competition held in Lakeland from April 24 to 27. More than 1,500 students enrolled in secondary and postsecondary career and technical education programs at technical colleges and high schools located throughout the state participated in the annual event.

FMTC placed first winning gold medals in the carpentry, cosmetology, automotive, industrial motor controls, and business administration team competitions. Gold medal winners will advance to the national competition to be held in Louisville, Kentucky from June 19 to 25.

SkillsUSA is a nationwide career and technical education student organization serving more than 300,000 high school, college and postsecondary students – and their instructors – in technical, skilled and service occupation instructional programs.

The contests are planned by technical committees made up of national experts from labor and management; they are designed to test the skills needed for a successful entry-level performance in given occupational fields.

Gold Medal Winners

Justin Pencil – Carpentry
Christian Wood – Automotive
Cody Kunkel – Industrial Motor Controls



Fort Myers Technical College students who won the Industrial Motor Controls competition

Jacquelyn Bagwell – Cosmetology
Roneisha Scott, Tracey Cox and Rafael Casillas – Career Pathways/
Business Administration

Silver Medal Winners

Allen Mercer – Carpentry
Ivan Ruiz – Electronic Technology
Walter Vasquez – Industrial Motor Controls

Tyler Larios – Major Appliance Repair

Noe Gamez – Welding

Bronze Medal Winner

Klyveto Delva – Electronic Technology**

Nursing Home Administrator Appointed

Shell Point Retirement Community recently named Doug Potts administrator of its 219-bed Larsen Pavilion skilled nursing facility, and director of long term care.

In this role, Potts directs a broad array of healthcare services, ensuring effective delivery by a 180-person care team to meet the highest standards required by the state of Florida and federal regulations. His role includes overseeing the therapy program and services that are provided at the Shell Point Rehabilitation Center, as well as memory care, long- and short-term skilled nursing care, and hospice services, which are offered daily to Shell Point's 2,400 residents, as well as members of the local community, as needed.

Potts brings more than 20 years of experience in healthcare administration and management, including opening two skilled nursing facilities and assisted living communities. His lengthy career positions Shell Point for caregiving excellence.

"Doug has demonstrated a keen understanding of healthcare quality indicators, and is the ideal candidate to lead the Larsen Pavilion's care team," said Scott Moore, chief operating officer at Shell Point. "His extensive credentials and industry experience will also play a key role as Shell Point investigates additional skilled nursing



Doug Potts

resources to meet future increases in market demand."

For more than 40 years, the Larsen Pavilion has earned a high-quality reputation for providing personalized, compassionate healthcare in a beautiful waterfront setting at Shell Point Retirement Community. This professional, Medicare-approved skilled nursing center provides inpatient and outpatient rehabilitative and specialized therapies at its state-of-the-art Rehabilitation Center.

For more information about outpatient services through the Shell Point Rehabilitation Center, call 415-5432.**

UFF Student Scholarship Winners

Uncommon Friends Foundation announced the winners of its 2016 student scholarships.

Scholarships are awarded to deserving students, veterans, struggling adults, and single parents who are pursuing degrees in education, law, technology, and other studies. Nominees came from Lee, Charlotte, Collier, Glades and Hendry counties, need financial assistance, excel in school and in their personal lives, and possess high quality character traits.

Berne Davis Future Teacher Scholarship (new) – Kerri Houghton, Cape Coral High School

Florida Prepaid Scholarships – Mulon Missick and William Reich, Bishop Verot High School

Hilliard Scholarship – TeVon Thompson, Moore Haven Middle High School

Lee County Bar Association Scholarship – Linnea Dulikravich, Gulf Coast High School

PACE Center for Girls of Lee County Scholarship – Aaliyah Debose
Single Parent – Jasmine

Milfort-Smith, Lifeline Family Centers
Veteran's Scholarship – Tiana Bohrer, Cape Coral Technical College
2016 Special Recognition

Scholarship winners are: Carica Astrel, Florida Southwestern State College; Cinnamon Espana, Gulf Harbour Yacht & Country Club; Nina Griffin, Florida Arts, Inc.; Chelsea Kopp and Paige Santiago, North Fort Myers High School; Jennifer Lynch, Roadhouse Café; Johana Stubbs, Lemon Bay High School; Taylor Toreno, Uncommon Friends Foundation, Inc.; and Josiah Vega, Hope in Motion

The Berne Davis Future Teacher Scholarship in the amount of \$5,000 was added this year to help a deserving student pursue a college degree in education. Davis was a life-long champion of higher education and the arts and has endowed this scholarship for future teachers.

All winners will be honored at the Uncommon Friends Foundation Uncommon Evening annual event to be held on Thursday, November 3 from 6 to 9 p.m. at the historic Burroughs Home & Gardens Gale McBride Pavilion. Tickets and sponsorships to the event can be purchased by emailing angela@uncommonfriends.org.

The annual scholarship committee has been chaired for the last 13 years by Uncommon Friends Foundation

board member Brenda Stewart and other volunteers. Working together with many community service organizations serving special and underserved populations, the committee identifies deserving individuals who will benefit through its needs and character based scholarships. Over the past 21 years, the foundation has awarded nearly 470 educational scholarships totaling hundreds of thousands of dollars.

For more information, visit <http://uncommonfriends.org> or call Executive Director Angela Melvin at 337-9503.**

CPA Firm Makes Donation For College Arena

Wiltshire, Whitley, Richardson & English, P.A. donated \$10,000 to Florida SouthWestern State College toward the construction of the Suncoast Credit Union Arena. The contribution made the accounting firm a Sweet 16 donor in FSW's Arena Bracketology fundraising effort and reserves it a spot on the arena's Giving Wall.

Scheduled for completion this fall, the Suncoast Credit Union Arena will seat approximately 3,300 fans and

include six skyboxes. The arena will host the FSW Buccaneers' basketball and volleyball teams and include a student athletic center, hospitality event center, competition courts that convert into recreational courts, athletic office space and wellness centers. The facility also will host concerts and cultural and civic events.

"We are proud to support Florida SouthWestern State College and the Buccaneers basketball and volleyball teams in athletic success," said WWRE President Cindy Hawkins. "As a longtime business in Southwest Florida, we are invested in the growth and success of the community, and look forward to cheering on the Buccaneers for countless seasons to come."

"We greatly appreciate WWRE's generous donation," said Dr. Lou Traina, FSW vice president of institutional advancement. "Their support and that of other dedicated businesses is helping Florida SouthWestern State College launch robust programs for our promising student athletes. This building, along with the Barbara B. Mann Performing Arts Hall, creates a unique cultural hub for this region for not only college events, but also as a valuable community venue."

For additional information, call 334-9191 or visit www.wwrecpa.com.**

dearRPharmacist

How To Calm Down Quickly



by Suzy Cohen, RPH

Dear Readers:

It's natural to get stressed out, or go into a state of mild shock if you hear bad news. Maybe you get sweaty palms a lot, or slip into panic attacks frequently (and over much of nothing). If you're prone to anxiety, today's article is intended to offer you help before you take prescriptions.

Millions of prescriptions are written annually for anxiolytic drugs like alprazolam (Xanax), clonazepam (Klonopin) and lorazepam (Ativan). These drugs are all in the category of benzodiazepines, and they have severe withdrawal symptoms. I bet some of you suffer on a daily basis because you don't want to get on a benzodiazepine. Now I'm going to offer you five ways to calm down quickly:

Breathe – You might think this is silly to list but it's number one on my list because when you are anxious, your breathing becomes shallow. Be conscious about breathing and make sure you inhale

longer than you exhale during times of stress. The inhalation is a gift to yourself, hold it a second or two, then exhale. Do it five times, preferably with your eyes closed since that instantly puts you into an alpha brain wave state.

Lavender – They make pure lavender roll-ons, and if you can't find that, just keep a tiny bottle of the essential oil nearby, or in your purse. Take a whiff and put some on your wrists and temples for immediate action. You can use this to sleep too. And you can find commercial preparations of lavender tea as well.

Rescue Remedy – Rescue Remedy is a combination of five flower extracts including Star of Bethlehem, which is known to help with trauma and shock. You can carry the tiny bottle in your purse and put drops in your mouth (or in your water bottle) all day long if you want.

California Poppy Extract – It's a great herbal anxiolytic, and sometimes also used for kids with Attention Deficit or bedwetting problems. You can buy it in dropper form at any health food store and online. One of the active compounds is Eschscholzia californica, and that's been shown to promote higher catecholamines in the brain, thus a happier mood over time. Some can make you sleepy.

Magnesium – This is a natural mineral abundant in leafy greens and edible seaweeds. Numerous studies show a correlation to low magnesium

and depression and/or anxiety. It works pretty quickly, especially the magnesium "threonate" form which has been clinically shown to penetrate brain tissue quickly. A double-blind placebo-controlled study tested women with PMS-induced anxiety, mood swings and nervous tension. The researchers combined 200 mg of magnesium with 50mg vitamin B6 and gave it to the women for one month. It helped some of the women, but not all.

I have a few other options, however, I am out of space here. Please sign up for my newsletter at my site (suzycohen.com) and I will email a longer version of this. Please make sure your physician approves of any supplements you want to try.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Parkinson's Screening Session

Lee Memorial Health System is holding a community resource and screening session for people who have been diagnosed with Parkinson's disease on Saturday, May 21 between 9 a.m. and 2 p.m. The session will be held at the Outpatient Rehabilitation at City

Center, 3114 Cleveland Avenue, Fort Myers.

Call Mary Jo Haughey, speech and language pathologist, at 343-4962 to make your reservation. Appointment times are limited.

"The Parkinson's Clinic gives a person with Parkinson's and their loved ones the opportunity to discuss concerns related to changes in function," said Nathalie Grondin, PT, coordinator of the LMHS Parkinson's Disease Rehabilitation Team.

All participants are screened by licensed therapists trained to detect physical deficits that may benefit from therapy intervention. Participants are also provided with a list of available resources including seminars, group exercise classes and support group meetings throughout Lee County.

Each participant can expect to visit with a physical therapist to address mobility concerns, an occupational therapist to address self-care activities and home management, as well as a speech language pathologist to discuss communication and swallowing concerns.

Resources related to education, support group, exercise group and identification of individualized therapy needs will be provided. A report of recommendations will be sent to a health care professional of choice.✱

Doctor and Dietician

The Benefits Of Vitamin D

by Ross Hauser, MD
and Marion Hauser, MS, RD

There is much talk in the news about Vitamin D and its beneficial effects, as many folks nowadays are Vitamin D deficient. Without sufficient Vitamin D, bones can become thin, brittle or misshapen. A deficiency has also been linked to high blood pressure, heart failure and cancer.

Vitamin D is made in the skin, goes to the blood stream, and then is transported to the liver and kidney to be activated, then reaches the intestines and bones. It promotes calcium absorption to help with normal bone mineralization and bone growth.

Vitamin D has been shown to help regulate insulin secretion by the pancreas and may improve insulin sensitivity. This vitamin prevents rickets in children. Together with calcium,

Vitamin D helps protect older adults from osteoporosis, those folks who may be at risk due to low intake and minimal sunlight exposure. Even active younger adults, who frequently wear sunscreen outdoors and get little sun exposure due to long work hours, may become deficient.

Vitamin D Tips

- Vitamin D is produced by your skin in response to natural sunlight, but remember, it cannot be absorbed through glass, so you must get outside.
- Most people do not get enough Vitamin D from their diets. Sunlight exposure is really the only way to get it. You would have to drink about 10 large glasses of fortified milk per day to get enough.

- Vitamin D is crucial for calcium absorption. Without it, you cannot absorb calcium – making your calcium supplements useless, unless they also contain Vitamin D.

- Continue to eat fresh foods, particularly vegetables loaded with nutrients.

As far as Vitamin D supplementation, we recommend that you consult with your natural medicine physician about appropriate dosing.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am a very active senior woman who is involved in a number of social groups at church and in the community.

One of my jobs involves phoning members to remind them of our meetings and other activities.

I have a problem that is very annoying and I want to share.

No matter what time of day I call, they are not available. Many do not have answering machines, so it requires extra calling. But the ones that are truly annoying are the husbands who refuse

to take messages or the ones who take the message and forget or won't pass it along.

Why are some husbands so mean and miserable or irresponsible? It makes my volunteer job very time-consuming, always having to return so many calls?
Dawn

Dear Dawn,

Most men are not accustomed to taking messages and they refuse to take messages in retirement, even for their wives. Others who are willing just seem to get the facts mixed up. Others don't hear, hate to use phones and other senior men may just have forgetfulness due to medicines they are taking, or maybe some have dementia. Living in the senior world is a little different, but younger people also forget to give messages, but they are forgiven because "they are just so busy."

Lizzie

Dear Dawn,

Annoying, yes... irresponsible, maybe... mean and miserable, not so sure.

From kids to grownups and from business to homes, many phone messages are not given to the appropriate person. It seems to me that it is an occupational or vocational hazard. Focus on the positive; at least you can enjoy a great group of friends and an active social life, unlike many.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

PETS OF THE WEEK



Mindy

Mindy ID# 608918



Julie

Julie ID# 656968

Hello, my name is Mindy. I'm a 5-year-old spayed female black and tan shepherd mix. I'm an All-American Dog. That means I've got lots of different breed types in my doggie DNA. Mixed breeds are the best... we are unique, loyal companions and are always grateful when loving people give us the good life we deserve.

My adoption fee is \$40 (regularly \$75) during Animal Services' There's No Place Like Home! adoption promotion.

Hello, my name is Julie. I'm a 2-year-old spayed female brown tabby domestic short hair. I could be the perfect pet for you. I'm pretty, friendly and will purr like crazy when I sit with you. In fact, I'm a lap cat that would love to be your one and only.

My adoption fee is \$40 (regularly \$50) during Animal Services' There's No Place Like Home! adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency.....	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Clubs:	
Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Clubs:	
Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

TAKEN AS A HOLD

- ACROSS**

1 "Honor Thy Father" author Gay —

7 Lesley of "60 Minutes"

12 Nasty online argument

20 Heist halts

21 "Well, golly!"

22 Black, chewy candy

23 Put something on one of the planets?

25 One present at an event

26 Deposit at a river's mouth

27 Graceland's city acquired by a buyer?

29 Typeface option that's carrot-colored and heavy?

34 Pulley part

35 Christmas poem starter

36 Flood barrier

37 Cariou of "Applause"

39 Rookies

42 Hears about

46 "Big —" (nickname of baseball's David Ortiz)
- 48 Rival of Sam's Club

53 In that case

54 Steroid user's physique?

58 Repair shop guess: Abbr.

59 Routine task

60 Has no entity

61 Provide with an ability

62 Oahu gift

63 Some South Africans

66 Animal home

68 Actress Charlotte and explorer John

69 Green gem's chief

74 Algerian port

75 Plastic film measure

76 "— vincit amor"

77 Actor Scheider

78 Lacking in resonance

80 High tennis hits

82 Swindle

84 "Undercover Boss" airt
- 87 Comment to a baseballer from a fan who's studied his fly-catching technique?

91 Jai —

92 Spirited session?

93 "Ac-cent— -ate the Positive" (1945 hit)

94 Bad way to finish a race

96 Major name in insurance

99 Not masc.

101 Haunting

102 Indy's 200

106 Six: Prefix

108 Ice cube?

112 Slightly feral?

116 Davis with a 1988 Oscar

117 Gratification

118 Precious metal one keeps for many years?

124 UPS cargo

125 Immature egg

126 See 121-Down

127 Most thin, as fabric

128 Affirmative responses

129 Eats into
- DOWN**

1 Price's place

2 Boxing great

3 Loo, for short

4 In advance of

5 Wee bit

6 Cosmetician

7 Took care of

8 Low tie score

9 Farmer's sci.

10 Ship steerer

11 Word before hosen

12 — Bird (notoriously hard game app)

13 More supple

14 Opera's start

15 Homer Simpson's favorite bar

16 Artist Max

17 Black — (spider type)

18 Fast Amtrak service

19 Bulrushes

24 Tirana's land: Abbr.

28 Themes

29 Comic Hardy, briefly

30 Shoals

31 "Stop, mate!"

32 Rex Stout's Wolfe

33 Pt. of DOJ

38 No, in Fife

40 Fall mo.

41 Drink with a lizard logo

43 Major rift

44 Hugs, in text

45 Skirt ruffle

47 Penitentiary

49 Solar beam

50 Like some waves

51 Hip, with "in"

52 Lofty tributes

55 Light in signs

56 Captivated

57 Newsy note

59 "Meh" grade

62 Beatle John

64 U.N. division

65 Sleep activity

67 Poet Pablo

69 Tot's vehicle

70 Barbera's partner

71 Crop holder

72 Poodle name

73 Diviner's aid

74 Sitcom sot

79 Female youth gp.

81 Popular way to get around New York City

83 Barley brew

84 Cigar variety

85 Pesto herb

86 Positioned

88 "Tee- —!"

89 Range of 300-3,000 MHz

90 Pit-stop stuff

91 Baldwin of "Lymelife"

95 One libeling

97 "— no way!"

98 Most fresh

100 Non-magical person, to Harry Potter

102 Reindeer herders of Scandinavia

103 Shia's deity

104 Pie slice, e.g.

105 Vampire killer

107 Solder, say

109 Dishes (out)

110 "Big Top — Wee"

111 Ham — (deli staple)

113 Despot of old

114 Sporting sled

115 Bird of peace

119 Mu followers

120 Shine, in ads

121 With 126-Across, Disney title dog of 1957

122 Spike of films

123 ENTs, e.g.

1	2	3	4	5	6		7	8	9	10	11		12	13	14	15	16	17	18	19		
20							21						22									
23							24						25									
				26						27		28										
29	30	31	32							33		34					35					
36									37		38		39			40	41					
42						43	44	45		46		47				48		49	50	51	52	
53						54				55				56	57							
58					59								60					61				
				62				63		64	65			66		67		68				
	69	70					71						72				73					
74						75				76						77						
78					79		80			81				82		83				84	85	86
87						88						89	90						91			
92									93					94				95				
				96		97	98				99		100				101					
102	103	104	105				106				107		108		109	110	111					
112					113	114						115		116								
117										118			119						120	121	122	123
124											125						126					
127											128						129					

King Crossword

- ACROSS**

1 Nervous person?

6 Pack animal

11 Hold together

12 Each

14 Glanced

15 Drunk

16 Shade provider

17 Urge

19 Muhammad or Laila

20 Symbols of intrigue

22 A billion years

23 Laugh-a-minute

24 Attack from concealment

26 Arid areas

28 Third-party abbr.

30 Longing

31 "The Faerie Queene" writer

35 People of Cardiff

39 Lion's pride

40 Coquettish

42 Ridge on corduroy

43 List-ending abbr.

44 Nibbles
- 46 Shell game need

47 Appeared ominously

49 Pillaged

51 Long, loud speech

52 Slues

53 Genders

54 Rebuffs a masher
- 6 Nonsense

7 Topping

8 "Flying Down to —"

9 Fix

10 Spotted wildcat

11 Balls of yarn

13 Redacts

18 Deity

21 Backbone

23 Freshen, maybe

25 Type measures

27 Stitch

29 Makes up one's mind
- 31 Do refinery work

32 Non-standard dialect

33 Concert call

34 Deteriorate

36 Computer style

37 Winter forecasts

38 Coin toss option

41 Shriek barks

44 "Adam —"

45 Earth

48 Upper limit

50 Lab eggs

MAGIC MAZE ● — MOTOR

B N K I N F C Z W U R P M J H
E R C Z X O U S Q N G L J G E
C Z E X V T I C R N A F P N L
J H E T R A C T I O N C O A Y
W V T R R P N L C R L U K R I
G E C E B A L Z X U T W U S D
R P P O M O T L J B D C I I O
G I E D R (G A S O L I N E) B V
W A Y T X E G A C W U S I L R
T T E K C O R E P P E T S S E
Q P O N L D K J H L G F D C S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Diesel

Electric

Fan

Ford
- Gasoline

Induction

Outboard

Rocket
- Servo

Starter

Stepper

Traction
- Tri

Trolling

Wiper



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Dread
MIDAYS _ _ _ _ _
Pick
CLEET _ _ _ _ _
Start
BINGE _ _ _ _ _
Stroll
BLAMER _ _ _ _ _

TODAY'S WORD

"I see you finally understand the
_____!"
answer on page 29

8					3	9		
	2		1					6
		6		4			5	
	8		4					9
3				5			2	
		7			9	1		
	6			8				4
		1	6				7	
5					2	6		

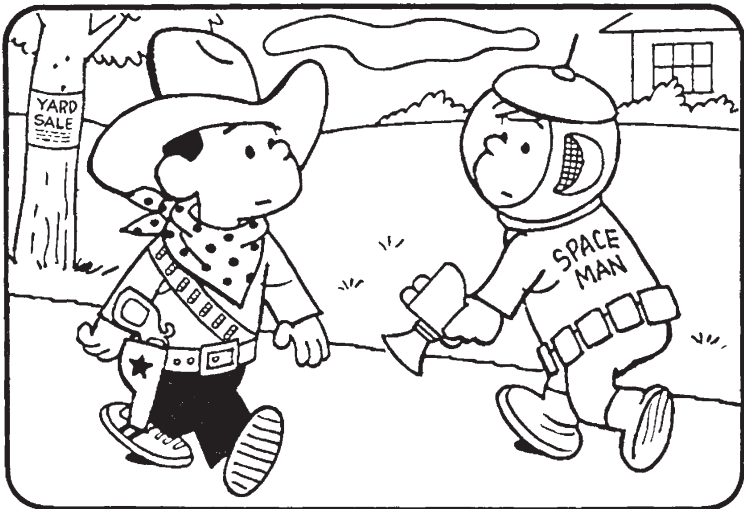
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

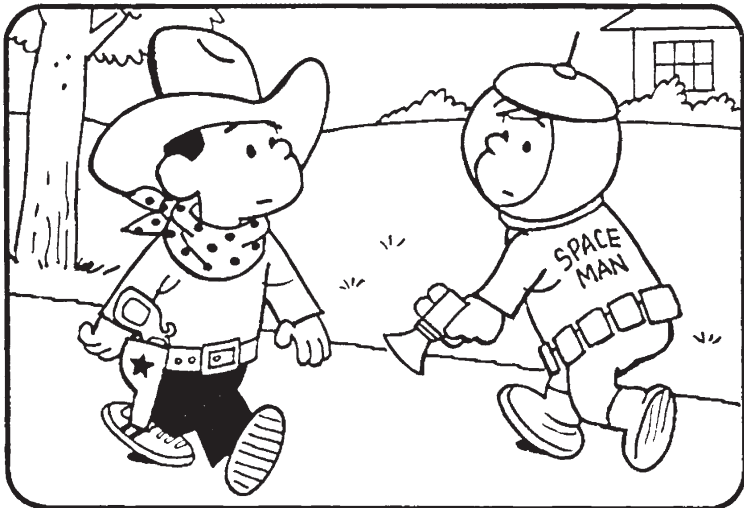
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Bandana is different. 3. Bullet belt is missing. 4. Cloud is missing. 5. Gun is missing. 6. Earpiece is missing.

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Mexican Snapper Sauté

- 1 onion, sliced medium thick
- 6 cloves garlic, pressed
- 1-2 teaspoons minced jalapeño pepper, seed removed or to taste
- 2 cups zucchini, diced in 1/2-inch cubes
- 1 pound snapper filet, cut into 1-inch pieces
- 3 fresh tomatoes, diced
- 3 tablespoons lemon or lime juice
- 2 tablespoons fresh cilantro, chopped
- 1 tablespoon fresh oregano, chopped
- 1 ripe and firm avocado, diced
- salt and pepper to taste

Sauté onion in a sauté pan over medium-high heat for a couple of minutes until caramelized. Add garlic, zucchini, and peppers and continue to sauté for another couple of minutes. Add snapper and sauté for another couple of minutes, stir constantly. Add the rest of the ingredients (except the avocado) and cook for another couple of minutes. Add avocado, salt and pepper to taste. Serve warm over rice.

Yield 2 to 4 servings.*

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Mexican Snapper Sauté

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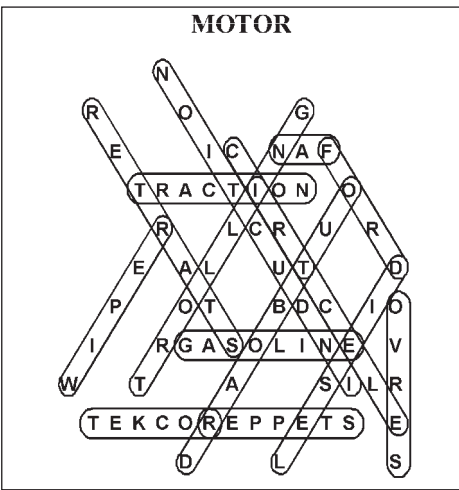
SUPER CROSSWORD

T	A	L	E	S	E	S	T	A	H	L	F	L	A	M	E	W	A	R
A	L	A	R	M	S	A	W	G	E	E	L	I	C	O	R	I	C	E
G	I	V	E	I	T	A	W	O	R	L	D	A	T	T	E	N	D	E
			D	E	L	T	A	M	E	M	P	H	I	S	S	O	L	D
O	R	A	N	G	E	B	O	L	D	R	O	P	E			T	W	A
L	E	V	E	E		L	E	N	T		T	Y	R	O	S			
L	E	A	R	N	S	O	F		P	A	P	I			C	O	S	T
I	F	S	O		C	O	U	N	T	E	R	F	E	I	T	B	U	I
E	S	T		C	H	O	R	E		I	S	N	T		E	N	D	U
			L	E	I		B	O	E	R	S		D	E	N	R	A	E
			T	H	E	E	S	S	E	N	C	E	O	F		F	E	M
O	R	A	N		M	I	L		O	M	N	I	A		R	O	Y	
T	I	N	N		L	O	B	S		F	R	A	U	D		C	B	S
I	K	N	O	W	H	O	W		Y	O	U	F	I	E	L	D	A	L
S	E	A	N	C	E		T	C	H	U		D	E	A	D	L	A	S
			A	E	T	N	A		F	E	M				E	E	R	I
L	A	P	S		H	E	X	A		L	U	M	P	O	F	C	O	L
A	L	I	T	T	L	E	W	I	L	D		G	E	E	N	A		
P	L	E	A	S	U	R	E			L	O	N	G	T	E	R	M	G
P	A	C	K	A	G	E	S		O	V	U	L	E		Y	E	L	L
S	H	E	E	R	E	S	T		Y	E	S	E	S		E	R	O	D

KING CROSSWORD

W	R	E	C	K		B	U	R	R	O	
C	O	H	E	R	E		A	P	I	E	C
L	O	O	K	E	D		L	O	O	P	E
E	L	M		E	G	G	O	N		A	L
W	E	B	S		E	O	N		R	I	O
S	N	I	P	E		D	E	S	E	R	T
		I	N	D		Y	E	N			
S	P	E	N	S	E	R		W	E	L	S
M	A	N	E		C	O	Y		W	A	L
E	T	C		B	I	T	E	S		P	E
L	O	O	M	E	D		L	O	O	T	E
T	I	R	A	D	E		P	I	V	O	T
	S	E	X	E	S		S	L	A	P	S

MAGIC MAZE



SUDOKU

8	7	5	2	6	3	9	4	1
9	2	4	1	7	5	3	8	6
1	3	6	9	4	8	7	5	2
6	8	2	4	1	7	5	3	9
3	1	9	8	5	6	4	2	7
4	5	7	3	2	9	1	6	8
7	6	3	5	8	1	2	9	4
2	9	1	6	3	4	8	7	5
5	4	8	7	9	2	6	1	3

My Stars ★★★★★

FOR WEEK OF MAY 16, 2016

ARIES (March 21 to April 19) A once-harmonious relationship appears to be hitting some sour notes. Spend some time together to see why things have gone off-key. What you learn might surprise you.

TAURUS (April 20 to May 20) You feel a need to make some changes. Good -- you can do it on a small scale (some new clothes, for example), or go big and redecorate your home and/or office.

GEMINI (May 21 to June 20) Control your tendency toward early boredom. A situation in your life might be taking a long time to develop, but patience pays off. Stay with it.

CANCER (June 21 to July 22) You might feel that you're on an emotional roller coaster this week. Don't fret; just ride it out and let things settle down. A Pisces shows understanding.

LEO (July 23 to August 22) Do something different for once -- compromise. A stubborn stand on an important issue proves counterproductive. You need to be open to new ideas.

VIRGO (August 23 to September 22) A friend offers advice that you perceive as an act of betrayal. But before you turn against the messenger, pay attention to the message.

LIBRA (September 23 to October 22) A year of riding an emotional pogo stick finally settles down. Use this calmer period to restore frayed relationships and to pursue new opportunities.

SCORPIO (October 23 to November 21) Your words can sting, so be careful how you respond to a friend's actions. A calm approach could produce some surprising facts.

SAGITTARIUS (November 22 to December 21) Be careful about whose secrets you're being asked to keep. They could impose an unfair burden on a straight arrow like you.

CAPRICORN (December 22 to January 19) While you prefer taking the tried-and-true course in life, be adventurous this week and accept a challenge that can open new vistas.

AQUARIUS (January 20 to February 18) Your strong sense of justice helps you deal with a job- or school-related situation.

Stay with your principles. A Sagittarius emerges as a supporter.

PISCES (February 19 to March 20) You need to build a stronger on-the-job support system to convince doubting colleagues that your innovative proposals are workable.

BORN THIS WEEK: You might not say much, but you're capable of extraordinary achievements. You are a loyal friend and a devoted family person.

THIS WEEK IN HISTORY

- On May 19, 1715, the colony of New York passes a law making it illegal to "gather, rake, take up, or bring to the market, any oysters whatsoever" between May and September. This regulation was one of many passed in the early days of America to help preserve certain species.

- On May 22, 1856, Rep. Preston Brooks (D-S.C.) savagely beats Sen. Charles Sumner (R-Mass.) in the halls of Congress as tensions rise over the expansion of slavery. Wielding the gold-topped cane he used for injuries suffered in a duel over politics in 1840, Brooks entered the Senate chamber and attacked Sumner at his desk.

- On May 20, 1873, San Francisco businessman Levi Strauss and Reno, Nevada, tailor Jacob Davis are given a patent to create work pants reinforced with metal rivets, marking the birth of one of the world's most famous garments: blue jeans. They were originally called "waist overalls."

- On May 21, 1881, humanitarians Clara Barton and Adolphus Solomons found the American National Red Cross to provide humanitarian aid to victims of wars and natural disasters.

- On May 18, 1917, six weeks after the United States formally entered the First World War, the U.S Congress passes the Selective Service Act, giving the U.S. president the power to draft soldiers. Within months, some 10 million men had registered.

- On May 16, 1929, the first-ever Academy Awards ceremony is held. Some 270 people attended, and tickets cost \$5 each. After dinner, complete with numerous speeches, actor Douglas Fairbanks handed out 15 awards in a five-minute ceremony.

- On May 17, 1965, after a two-year investigation, the FBI declares the supposedly pornographic lyrics of "Louie

Louie" to be officially unintelligible. Agents had purchased numerous versions of "Louie Louie" played and re-played the song at different speeds in their laboratory.

STRANGE BUT TRUE

- It was 20th-century English novelist E.M. Forster who made the following sage observation: "We must be willing to let go of the life we have planned, so as to have the life that is waiting for us."

- If you're a pogonophobe, the rise of hipsterism in recent years is not good news -- anyone afraid of beards isn't going to get far in public these days without confronting one.

- For centuries, the wrinkling of skin on fingers and toes when they soak in water was cause for puzzlement (among those who take the time to wonder about such things, if nobody else). Researchers believe they've found the answer: traction. Like the treads on a tire, the wrinkles of wet skin help improve the gripping power of our extremities; for our ancestors, this made it easier to walk and grip objects during wet seasons.

- You might be surprised to learn that immigration was not a national issue until the late 19th century. Up until 1890, when President Benjamin Harrison declared Ellis Island to be the first federal immigration center, foreigners who wanted to live in America were handled on a state-by-state basis.

- John Sylvan is known as the creator of Keurig coffee pods, used in abundance throughout the world these days. Despite the success of his inventions, however, he refuses to use them himself; he says that he abhors the effect the non-recyclable, non-biodegradable pods have on the environment.

- Of all the actors who have portrayed James Bond in films before 2015, Pierce Brosnan racked up by far the most kills per movie. (The tally for last October's "Spectre" has not yet been counted.)

THOUGHT FOR THE DAY

"It is paradoxical that many educators and parents still differentiate between a time for learning and a time for play without seeing the vital connection between them." -- Leo Buscaglia

SCRAMBLERS

solution

1. Dismay; 2. Elect;
3. Begin; 4. Ramble

Today's Word
LYRICS

TRIVIA TEST

1. MOVIES: What was the first name of the main character in the movie "Rambo"?
2. GEOGRAPHY: On which continent is the nation of Eritrea located?
3. MUSIC: What was the full name of the late singer Prince?
4. ANATOMY: What part of the body is examined with an ophthalmoscope?
5. MEASUREMENTS: How many teaspoons are in a tablespoon?
6. COMPUTERS: The term "bit" is an abbreviation for what words?
7. GAMES: What is the only king without a moustache in a standard deck of playing cards?
8. TELEVISION: Which one of the Teletubbies is green in the children's show?
9. THEATER: Who wrote the play "A Moon for the Misbegotten"?
10. LANGUAGE: What is the adjective that is used to describe bulls or oxen?

TRIVIA ANSWERS

1. John 2. Africa 3. Prince Rogers Nelson 4. The eye 5. Three 6. Bary digit 7. The King of Hearts 8. Dipsy 9. Eugene O'Neill 10. Taureine.

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*RS 5/13 CC 6/3

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*RS 4/29 CC TFN

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COMMERCIAL RENTAL



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*RS 12/4 CC TFN

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Great office space for rent.
Great location,
700 square feet on Periwinkle.
Call Joe Gil 516-972-2883
or 800-592-0009.
*NS 4/24 CC TFN

RENTAL WANTED

RETIRED COUPLE SEEKING ANNUAL RENTAL

Long-time Sanibel residents looking for a 2 or 3-bedroom unfurnished house or condo. Just us. No pets. We can make a move anytime between now and mid-August. email david33957@mac.com
*NS 4/22 CC 5/13

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*RS 1/4 CC TFN

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*NS 3/11 CC 5/13

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*RS 1/23 BM TFN

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*NS 4/22 CC 5/13

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*NS 12/11 CC TFN



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ANNUAL RENTALS SANIBEL

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This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,000/mo.



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*RS 4/29 BM TFN

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*RS 5/13 CC TFN

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*RS 6/7 CC TFN

LOST AND FOUND

ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse Beach by the big driftwood tree on 4/28/16 in the water. If anyone finds, please contact the Sanibel Police or call 864-704-5135.
*NS 5/13 NC TFN

VEHICLE FOR SALE

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500
*RS 1/22 BM TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

EMPLOYMENT WANTED

ODD JOBS WANTED

Odd jobs wanted while looking for full time work. Moving to Sanibel (Dunes) May 11th. Male, 18, Eagle Scout.
Email tomsanibel@gmail.com .
*NS 5/6 CC 5/13

HELP WANTED

NEWSPAPER PRODUCTION

Full or part time on Sanibel.
Must be detail oriented, proficient in InDesign, and experienced in ad building and pagination.
Email resume to islandsunlorin@aol.com.
*NS 4/22 NC TFN

VOLUNTEERS NEEDED!

Looking for a way to stay cool while making a difference to SWFL wildlife this Spring/Summer? The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is looking for the following INDOOR volunteer positions:
- Gift Shop/Visitor Education Center
- Laundry
- Transporting sick and injured wildlife to CROW from designated drop off points (your car)

Due to training, weekly shifts are required. Contact Liz Pearson at 239-472-3644 ext. #229 or email epearson@crowclinic.org. Find an application and more information on our website at www.crowclinic.org. Other volunteer positions also available.
*NS 5/13 NC 6/3

HELP WANTED

FRONT DESK / MEDICAL ASSISTANT

Medical Office - Full Time no weekends.
Front Desk /Medical Assistant
Electronic Medical records a plus.
Reply to P.O. Box 53 Sanibel, FL 33957.
*RS 5/13 PC 5/20

HELP WANTED

HWA has an outstanding opportunity for the right creative person. Our team currently calls for the addition of an ADMINISTRATIVE ASSISTANT in our CAPTIVA office. Are you a positive results-oriented person who is proficient in basic office functions; has good organizational skills; has the ability to manage a variety of projects; and has some experience working in the government arena? Are you driven to seek new opportunities, develop new relationships, and bring a positive attitude to your work environment? If this is calling out to you, please e-mail us at info@hanswilson.com for more information and to receive consideration for this unique opportunity.
*NS 5/13 CC 5/20

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*NS 5/6 BM TFN

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Something For Everyone.
1606 Bunting Lane, Gumbo Limbo, off Dixie Beach.
Sat. May 14 and Sun. May 15
9 a.m. - 5 p.m.
*NS 5/13 PC 5/13

MOVING SALE

New & Estate Gem Jewelry.
Call For Appointment
859-492-7649.
*NS 5/13 CC 5/13

Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31.

The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



Volunteers check a sea turtle nest after hatching
photo provided by SCCF

HORTOONS

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Harbours	Sanibel	1996	3,083	\$2,995,000	\$2,590,000	28
Not Applicable	Alva	2006	5,752	\$2,650,000	\$2,325,000	132
Whisperwood Cove	Sanibel	1997	4,287	\$2,495,000	\$2,200,000	0
Del Sega	Sanibel	2011	4,564	\$2,395,000	\$2,150,000	107
Fa Lanes Bayview	Captiva	1999	2,569	\$2,339,000	\$2,225,000	23
Shell Harbor	Sanibel	1977	3,314	\$2,295,000	\$1,950,000	49
Galt Island Shores	St. James City	1995	3,113	\$1,400,000	\$1,350,000	244
Flamingo Harbour Condo	Fort Myers Beach	1991	3,362	\$1,299,000	\$1,200,000	269
Santini Cross Unrec	Fort Myers Beach	2006	1,918	\$899,900	\$880,000	2
Sweet Bay At Shadow Wood	Bonita Springs	2003	3,152	\$875,000	\$875,000	42



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